



Helping Hands:

A RESOURCE GUIDE For Families with Loved Ones in Prison

JUDY DWORIN
PERFORMANCE PROJECT

Moving for Change Since 1989

JDPP



ABOUT THIS GUIDE

Since 2005, Judy Dworin Performance Project (JDPP) has been reaching out through the arts to incarcerated women and men and families with loved ones in prison. This work has happened in collaboration with social service and harnesses the arts as a powerful catalyst for creative expression through performance, community building, and positive change. With the generous support of a grant from the Hartford Foundation for Public Giving, we have compiled **Helping Hands: A Resource Guide for Families with Loved Ones in Prison** in the hopes that it will provide much needed information. The guide provides listings for statewide resources as well as six cities beginning with Hartford and followed by Bridgeport, New Haven, New London, Waterbury, and Willimantic. We have worked to make it as easy to navigate as possible. If you can't find what you are looking for here, please refer to listings in 211—the most comprehensive source of local human and social services nationwide—and speak to a community resource specialist who can help.



Dial 2-1-1 or call (800) 203-1234 toll-free

WHO WE ARE:

Judy Dworin Performance Project (JDPP)

Founded in 1989, JDPP is an organization of professional artists who—on stage, in schools, in prisons and in the community—innovate, inspire, educate and collaborate. JDPP harnesses the arts as a powerful catalyst for creative expression through performance, community building, and positive change. You can learn more about us at www.judydworin.org.

About the Hartford Foundation for Public Giving

The Hartford Foundation for Public Giving is the community foundation for Hartford and 28 surrounding communities. Made possible by the gifts of generous individuals, families and organizations, the Foundation has awarded grants of more than \$758 million since its founding in 1925. For more information about the Hartford Foundation for Public Giving, visit www.hfpg.org or call **860-548-1888**.

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TIP!



Click on the arrows in the bottom right hand corner of each page to navigate through this guide and return to the Table of Contents at anytime.

Bridging Boundaries Arts Intervention Program

The Bridging Boundaries™ Arts Intervention Program teams social work with the arts in a comprehensive program reaching out to those behind the razor wire and their families and loved ones. Since 2005, the program has grown to include a Performance Residency for women at York Correctional Institution in Niantic, CT; a Moms & Kids outreach for York CI mothers and their children; a Dads & Kids residency for fathers and their families at Cybulski Reintegration Center in Enfield; an In Schools Program for youth in Hartford and Greater Hartford schools who have a parent or loved one in prison; Stepping Out and New Beginnings arts residencies for returning citizens to the Greater Hartford area, and I AM (Arts, Imagination and Me) JDPP's most recent program for York 18 to 25 year olds in the WORTH mentoring unit (the first of its kind in the country!). Bridging Boundaries™ is a personal story of transformation, a family story of healing and a public story of opportunity to restore our communities, all through the power of the arts.

JDPP Bridging Boundaries Programs that are geared toward parents and their children:

MOMS & KIDS PROGRAM

The York Moms & Kids program builds relationships among incarcerated moms, their children, and caregivers. The program includes a series of planning sessions with York moms and JDPP teaching artists that culminate in two 2-hour Saturday arts engagements: a holiday visit in the late fall and a Mother's Day visit in the spring. The capstone is in July when there is a weekend visit in the prison school which is transformed into various arts activity stations planned by the moms with JDPP staff. Family photos, shared lunches, a talent show, and a community mural are some of the highlights of this special 2-day event. Families can stay at Incarnation Center in nearby Ivoryton, CT where hiking trails, a petting zoo, and delicious food abounds.

DADS & KIDS PROGRAM

This program opens communication and strengthens family bonds for fathers who will soon be released from the Cybulski CI Reintegration Center, their children, and the children's caregivers. Through movement, visual art and spoken word, participants push past boundaries, take healthy creative risks, and enhance family relations - all of which improve their probability of success upon release.

IN SCHOOLS PROGRAM FOR YOUTH WITH INCARCERATED PARENTS OR LOVED ONE

The Bridging Boundaries in-school residency addresses the unique issues faced by children with a parent in prison. The program creates a safe space with others who share the "secret" of having an incarcerated loved one. Children learn to trust, to create, to find their voices, and to advocate for their future. This program, a collaboration with Hartford Public Schools social workers, culminates in an informal sharing for outside guests.



Call us at 860-527-9800 or email at info@judydworin.org for more information.

HOW TO USE THIS GUIDE

The first section of this guide provides an overview of **services throughout Connecticut** for children, families, caregivers, and those formerly incarcerated including pro bono legal services.

The rest of the guide lists services specific to six different cities throughout CT:

- Hartford
- Bridgeport
- New Haven
- New London
- Waterbury
- Willimantic

Each section lists services for:

- Food
- Clothing
- Shelter or Housing Assistance
- Employment
- Health/Mental Health/Addiction Services
- Education for all Ages
- Multi-Service Organizations

Some cities also list **Reentry services** for those formerly incarcerated across Connecticut. These programs have a wide variety of services and can be found at multiple locations across the state. This will be a useful source of information at the point at which a family member is going to be released from prison.

If you are viewing the guide online and would like to access the organization's preferred method of contact, simply click the website, or phone number linked on the left side of each listing.



Look for this icon for:
Spanish speaking staff available

**PREFERRED METHOD
OF CONTACT**

Click on links below



CTFOODBANK.ORG

ENDHUNGERCT.ORG

CTFOODBANK.ORG

PHONE: (203) 469-5000

(860) 807-2070

WWW.CT.GOV/DSS/APPLY

(860) 807-2070

GWCT.ORG

SALVATIONARMY.ORG

DIAL 2-1-1

OR CALL (800) 203-1234
TOLL-FREE

(860) 240-4800

CONNECTICUT SERVICES

FOOD

Connecticut Food Bank Pantry Locator

An online resource that connects you to food banks across Connecticut.

End Hunger Connecticut

An online resource for meal programs across Connecticut.

Mobile Pantry

A mobile Food Pantry that travels across Connecticut.

National School Lunch Program

Federal and state governments subsidize the school meals programs for all children in schools that participate. Eligibility for free or reduced-price meals is based on family income and size. Food stamp recipients are automatically qualified for free school meals.

The Supplemental Nutrition Assistance Program (SNAP)

Formerly known as food stamps, SNAP helps individuals and families help afford the cost of food at supermarkets, grocery stores, and farmer's markets.

Summer Breakfast and Lunch for Children

Children under the age of 19 are eligible for free meals during the summer months through participating towns and organizations. There are no forms or income tests. For participating locations call: Department of Education, Child Nutrition Programs.

CLOTHING

Goodwill Industries

Offers several retail stores with clothing for all ages across CT.

The Salvation Army

Offers several retail stores with clothing for all ages across CT.

SHELTER OR HOUSING ASSISTANCE

211 is the most comprehensive source of local human and social services information in the U.S. Reach out to 211 to speak with a community resource specialist who can help you find services and resources available locally and provide critical services that can improve and save lives.

HUD Housing and Urban Development

Provides programs, counseling and more for home ownership. They also offer a housing choice voucher program. This is a federal government program that assists very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market.

PREFERRED METHOD OF CONTACT

Click on links below



WWW.CTDOL.STATE.CT.US

Specific Locations can be found at here.

[\(860\) 418-6770](tel:(860)418-6770)

410 Capitol Avenue, Hartford

DRESSFORSUCCESS.ORG

[\(800\) 537-2549](tel:(800)537-2549)

OPENPATHCOLLECTIVE.ORG

UCSF.ORG

WOMENFAMILIES.ORG

24-hour toll free 1-888-999-5545
En Español 1-888-568-8332

CHRHEALTH.ORG

MENTALHEALTHRECOVERY.COM

Visit to learn about WRAP*

[HOTLINE:1-800-799-7233](tel:1-800-799-7233)

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SPANISH SPEAKING STAFF AVAILABLE

CONNECTICUT SERVICES

EMPLOYMENT

American Job Centers

Has offices across Connecticut working to provide workforce assistance to job seekers. Their services are available to anyone regardless of employment status and they provide information/assistance for unemployment insurance.

DMHAS Employment Services

Provides employment and education services for those coping with behavioral health conditions.

Dress for Success

Provides a network of support, professional attire and development tools to help women thrive in work and in life. Has several locations across CT.

Bureau of Rehabilitation Services

Allows individuals with significant disabilities to work competitively and live independently. They provide individualized services, develop effective partnerships, and more so that consumers and their families may make informed choices about the rehabilitation process and employment options.

HEALTH/MENTAL HEALTH/ADDICTION SERVICES

Open Path Psychotherapy Collective

An online resource that matches middle-and-lower income families in need to affordable mental health services and education.

United Community and Family Services (UCFS) Healthcare

Offers a sliding fee scale for healthcare including behavioral health services based on records for overall healthcare in several locations across Connecticut.

Women and Families Center

Offers a 24-hour crisis hotline and support services for survivors of sexual violence. Spanish-speaking and male counselors are available. They have 3 offices in Connecticut.

CHR

Provides behavioral healthcare in Connecticut, offering a wide range of personalized services for children, families, and adults whose lives have been touched by mental illness, addiction or trauma. Their largest outpatient offices are in Manchester and Enfield, with smaller offices throughout central and eastern Connecticut and several community-based programs.

W.R.A.P.

The Wellness Recovery Action Plan® or WRAP®, is a self-designed prevention and wellness process that anyone can use to get well, stay well and make their life the way they want it to be.

National Domestic Violence Hotline

They answer calls to support and shift power back to people affected by relationship abuse.

**PREFERRED METHOD
OF CONTACT**

Click on links below



WWW.CTCIP.ORG

EMAIL: CTCIP@CCSU.EDU
PHONE: (860) 832-1878

Email is the best form of communication

WWW.CONNECTINGFAMILIES.ORG

[VISIT CONNTACINC.ORG](http://VISIT.CONNTACINC.ORG)

SESAMESTREETINCOMMUNITIES.ORG

Visit to access videos.

WWW.CREC.ORG

**Visit website to apply and learn
more about each school**

WWW.CTCARE4KIDS.COM

WWW.GWCT.ORG

WWW.MHCONN.ORG

**Visit website to access
state wide services**

SALVATIONARMY.ORG

**Visit to find locations
and services near you.**

(860) 571-7500

CONNECTICUT SERVICES

EDUCATION FOR ALL AGES

Children with Incarcerated Parents Initiative

CTCIP works to improve the quality of supports for children with incarcerated parents. They serve as CT's primary resource center and think-tank for information on CIP.

CLICC

Connecting Through Literacy: Incarcerated Parents, Their Children, and Caregivers (CLICC) is a Connecticut-based non-profit program. CLICC uses mentoring and literacy activities to strengthen communication and deepen bonds between children and their incarcerated parents.

Conntac Inc

Provides support services and educational access for low-income residents across Connecticut. They offer classes for adults, dropouts, ex-offenders, GED holders, and more. There are ten locations throughout Connecticut.

Sesame Street in Communities Online

Offers a helpful online resource that includes several videos for children with incarcerated parents on coping. The website is offered in Spanish as well.

C.R.E.C.

Capital Region Education Choice allows students from across the state to apply to a variety of great schools across Connecticut. Certain locations offer free summer meals for children as well.

MULTI-SERVICE ORGANIZATIONS

Care 4 Kids

Helps low to moderate income families across Connecticut pay for child care. Visit their website to find family information, income guidelines, forms and more.

Goodwill Industries

Offers services in education, training, and employment. They have stores and career centers across Connecticut.

Mental Health CT Statewide Services

The State of CT offers home and community-based services for Medicaid eligible adults with serious mental health conditions, living successfully in the community and avoiding institutional care. MHC offers individualized recovery plans that promote health, wellness, recovery, and success in the community.

The Salvation Army

Offers services throughout Connecticut for food, relief for disaster victims, the disabled, the elderly and ill, clothing, shelter, and opportunities for underprivileged children.

United Way of Connecticut

Provides access to health and human services, including food, shelter, and other basic needs. They assist parents and caregivers in finding the best child care and serve children with developmental or behavioral needs.

**PREFERRED METHOD
OF CONTACT**

Click on links below



WWW.CTDOL.STATE.CT.US

[LOCATIONS THROUGHOUT CT](#)

TOLL FREE: (800) 453-3320

**MIDDLETOWN/HARTFORD:
(860) 344-0380**

WWW.CCA-CT.ORG

(877) 402-2299

PORTAL.CT.GOV/DOC

**Family and Friends
Visiting at Prison
FAQs**

PORTAL.CT.GOV

VISIT CGA.CT.GOV

WWW.CTTRANSIT.COM

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**SPANISH SPEAKING
STAFF AVAILABLE**

CONNECTICUT SERVICES

REENTRY

American Job Center Ex-Offender Reentry Programs

Offers job finding assistance to ex-offenders and assists them in re-entering society/the workforce.

Connecticut's Reentry Community

An online resource that supports successful reintegration for returning citizens reuniting with their children, families, and communities.

LEGAL SERVICES

State Wide Legal Services of Connecticut

A legal aid service that helps low-income families solve their legal issues. They provide free legal advice about family, housing, benefits, unemployment and more. Funding is limited so not all may be helped. For more information and service visit the website above or call the number to the right.

Center for Children's Advocacy

They are largest children's legal rights organization in New England, protecting and defending abused and neglected children; supporting child health, supporting teens and homeless youth; improving educational success; reducing involvement with the juvenile justice system; reducing racial disparities; helping immigrant children; and promoting youth voice.

Connecticut Legal Rights Project

Provides high quality legal services to low income persons with psychiatric disabilities living in Connecticut, primarily on matters related to their treatment and civil rights. If you feel as though your rights have been violated, you can call the toll-free number listed here.

STATE ORGANIZATIONS

Department of Correction for the State of Connecticut

The Department of Correction website offers important information for family and friends specifically and more generally for visiting and frequently asked questions. Click on the links to the left or visit portal.ct.gov/DOC.

Department of Social Services (DSS)

The Department of Social Services provides access to social services throughout Connecticut. These resources include but are not limited to health/human services, jobs/employment and driving /transportation.

Connecticut General Assembly: Find Your Legislators

Use this online resource to access information about your current legislator based on your location.

CT Transit

Local bus routes make frequent stops, typically every 2 to 3 blocks, linking neighborhoods with urban centers and providing connections within and between communities.

**PREFERRED METHOD
OF CONTACT**

Click on links below



[\(860\) 560-5600](tel:(860)560-5600)

[\(860\) 856-4321](tel:(860)856-4321)

Text: [FOODSHARE to 85511](tel:855511)

[\(860\) 728-3201](tel:(860)728-3201)

55 Bartholomew Avenue
Hartford

[VISIT GWCT.ORG](http://VISITGWCT.ORG)

to find locations near you

SALVATIONARMY.ORG

Visit to find locations and
services near you

HARTFORD SERVICES

FOOD

Community Renewal Team (CRT): Meals on Wheels 🗨️

Seniors receive healthy lunches and dinners delivered to their door within 48 hours. Weekend meals are delivered on Fridays.

Foodshare Truck 🗨️

A regional mobile food bank that serves Hartford county.

Hands on Hartford

Offers the MANNA food program which provides basic needs to thousands of individuals through Community Meals, Community Pantry & Neighborhood Services, and Backpack Nutrition Program.

CLOTHING

Goodwill Industries

Offers several retail stores with clothing for all ages across CT.

The Salvation Army

Offers several retail stores with clothing for all ages across CT.

SHELTER OR HOUSING ASSISTANCE

In order to receive shelter you must call 2-1-1 or call (800) 203-1234 toll-free

Community Solutions Inc.

Provides shelter to ex-offenders. Must be referred by the Department of Correction.

Mercy Housing and Shelter

Provides housing assistance and supportive services to people who are homeless or at risk of becoming homeless.

McKinney Shelter 🗨️

An emergency shelter that offers overnight beds, dinner, breakfast, showers, medical screening, case managers, and more. Staff speaks English and Spanish.

Salvation Army Marshal House

Provides shelter for families and women until permanent housing is secured. Access to case management, laundry and 3 meals each day.

South Park Inn

Provides street outreach, emergency shelter, and transitional or permanent housing.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 522-1111

1 Union Place, Hartford

(860) 256-3700

3580 Main Street, Hartford

(860) 548-0101 OPTION 2

2550 Main Street, Hartford

(860) 569-5900

281 Main Street, East Hartford

(860) 231-2498

30 Arbor Street, Hartford

(860) 236-4511

1680 Albany Avenue, Hartford

(860) 521-8035

**1022 Farmington Avenue,
West Hartford**

**200 Retreat Avenue,
Hartford**

(860) 550-7500

21 Grand Street, Hartford

(860) 249.9625

500 Albany Avenue, Hartford

**Visit the website to see
locations and mental
health services**

 **SPANISH SPEAKING
STAFF AVAILABLE**

HARTFORD SERVICES

EMPLOYMENT

Capital Workforce Partners

Invests in youth development, develops sustainable career paths for adult workers.

Hartford American Job Centers

Offers job search assistance, Ex-offender workshop reentry, employment counseling, employer recruitment and more.

HEALTH/MENTAL HEALTH/ADDICTION SERVICES

Hartford Behavioral Health

Offers walk-in outpatient services for children and adults during open access days. No appointment needed. Be prepared with a photo I.D. and insurance information. Children/adult services, family meditation and more.

InterCommunity, Inc

A community health center that provides primary care, mental health care, and addiction recovery services. InterCommunity treats families regardless of where they live or their ability to pay.

Wheeler Clinic Community Support for Families

Helps families meet basic needs, create connections with resources and strengthen relationships between parents and children. Provides mental health, addiction, medical and dental services for children/adults, family mediation and more.

The Village for Families and Children

Provides a full range of behavioral health, early childhood and youth development, substance abuse treatment, and support services for children, families and adults in the Greater Hartford region.

The Bridge Family Center

Offers mental health counseling for children, families, and adults as well as residential and youth/family services. Visit bridgefamilycenter.org or the link above for more information.

The Institute of Living (IOL)

A center for comprehensive patient care, research and education in the fields of behavioral, psychiatric and addiction disorders. These programs involve adult services, anxiety disorders, child and adolescents services and more.

Charter Oak Health Center

Promotes healthier communities by providing quality, safe, patient-centered health care services in medically underserved areas, regardless of ability to pay.

Community Health Services

A private nonprofit federally qualified health center (FQHC) with two locations in the Greater Hartford area. CHS is the second oldest health center in the state of Connecticut.

Community Renewal Team

CRT helps with mental health and substance abuse issues. They provide recovery-oriented programs that help people gain better mental health and lead sober lives. CRT accepts most insurance plans. Treatment is offered to many un/under-insured individuals through grants and other forms of assistance.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 695-5840

HARTFORD SERVICES

EDUCATION FOR ALL AGES

Adult Education Center in Hartford

Assists adult learners in English language proficiency, secondary education completion and the acquisition of skills needed for postsecondary opportunities or the workforce.

(860) 310-2580

**21 Charter Oak Avenue,
Hartford**

Charter Oak Cultural Center (COCC) Arts Programming

A multi-cultural arts center that offers classes and after school programs for inner city youth. Some free classes include visual arts, music, theater and dance classes both on site and through partnerships.

(860) 549-4188 x205

1453 Main Street, Hartford

H.O.M.E Program with House of Bread

Helps low income women improve their education and start their career. They offer customized classes for women over the age of 18 and provide mothers with help on learning. Babysitting is available.

(860) 527-9800

Judy Dworin Performance Project

JDPP's Bridging Boundaries In-school residency creates a safe space for children with a parent in prison where they learn to trust, create, and find their voice.

(860) 761-7324

Our Piece of the Pie

Works with youth 14-24 years old to achieve degrees/certificates of value for a better quality of life.

(860) 287-4009

1300 Broad Street, Hartford

Trinity College Trinfo Café

A free service that offers internet access and lessons on basic computer skills.

WWW.BGCHARTFORD.ORG

Boys and Girls Club of Hartford

Dedicated to enabling all young people, especially those who need it the most, to realize their full potential as caring, productive and responsible citizens. They offer a positive environment for children and teens throughout the City of Hartford.

WWW.CRTCT.ORG

Community Renewal Team

CRT offers education, child care and activities for youngsters from infants through their teenage years.

(860) 695-6300

500 Main Street, Hartford

Hartford Public Library

Offers adult education and research, access to specific ex-offender resources, kids/teens programs, immigration/citizenship, job/career and more.

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



VISIT CPA-CT.ORG

DIAL 2-1-1

**OR CALL (800) 203-1234
TOLL-FREE**

(860) 263-4400

**255 Homestead Avenue
Hartford**

(860) 549-4188

1453 Main Street, Hartford

(860) 529-1970

**61 South Main Street, Suite
100, West Hartford**

(860) 361-7922

**450 Main Street, 3rd Floor
Hartford**

TOIVOCENTER.ORG

(860) 529-1970

**61 South Main Street, Suite
100, West Hartford**

WWW.BBBS.ORG/AMACHI

PUBLICALLIES.ORG

FOR APPLICATIONS

HANDSONHARTFORD.ORG

**for programs and
information**

(860) 466-8865 x6767

**157 Charter Oak Avenue,
Hartford**

 **SPANISH SPEAKING
STAFF AVAILABLE**

HARTFORD SERVICES

MULTI-SERVICE ORGANIZATIONS

Community Partners in Action

Focusing on behavioral change and advocating for the criminal justice reform CPA offers a variety of services including reentry/employment, transitional housing, prison arts, RISE a substance abuse program for boys and more.

Community Renewal Team (CRT)

CRT helps individuals and families access resources that will help them meet immediate and longer-term needs, improve job skills, maintain or increase their independence, stabilize living situations, and achieve educational goals.

Chrysalis Center Inc.

Helps those returning from incarceration and homelessness through job training, employment, housing and other community healthcare services.

The House of Bread

Offers food, shelter, housing, and education with compassion, dignity, and respect.

Mental Health CT

Offers advocacy, education and service for people with mental health conditions.

Project Longevity

A community and law enforcement initiative to reduce violence. Group members are provided a range of services to transition from gang lifestyle.

Toivo by Advocacy Unlimited

Provides holistic health and healing through workshops, nutrition, transformative habits as well as peer-led support groups.

Mental Health CT

Offers advocacy, education and service for people with mental health conditions.

Nutmeg Big Brothers Big Sisters Amachi

Children with an incarcerated parent often need additional support and guidance. Big Brothers Big Sisters Amachi program helps broaden their perspectives on what they can achieve in life.

Public Allies

The AmeriCorps Ally program, is a paid opportunity with benefits, is available to all, without regard to race, color, national origin, gender, sexual orientation, religion, age, disability, criminal record and more. Anyone over 17 years with a high school diploma or GED, and who is a U.S. citizen or has permanent residency, is welcome to apply.

Hands on Hartford

Serves Hartford residents in area such as food, housing and health. They offer programs such as the MANNA Food and Neighborhood Services, HOH Housing and more.

Peace Center of Connecticut

The Peace Center is a nonprofit organization dedicated to engaging in partnerships to build action for achieving peace in the Hartford, CT community. The Peace Center offers community peace conversations, a Youth Peace Alliance, as well as training and consultations for schools, agencies, businesses, and faith-based groups and communities on promoting peace.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 566-2030 x110

**Bartholomew Avenue,
Suite 3010 Hartford**

(860) 757-9311

550 Main Street, Hartford

SLSCT.ORG/GET-HELP

(860) 344-0380

**999 Asylum Avenue,
3rd Fl. Hartford**

HARTFORD SERVICES

REENTRY

Community Partners in Action

Offers a variety of services involving reentry and employment services specifically for people returning to the Hartford area after prison.

Greater Hartford Reentry Welcome Center

Welcomes those who are reentering with open arms. Offers access to support and resources such as food and clothing; housing; substance abuse treatment; mental health treatment; medical care; job training and education; employment opportunities and more.

LEGAL SERVICES

Greater Hartford Legal Aid (GHLA)

GHLA strives for equal justice. Applicants should call the number listed for Statewide Legal Services in order to receive free legal representation from GHLA. You can also apply online for free legal representation by clicking the link in the title or at <https://slsct.org/get-help>.



**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 336-0152

210 Elm Street, Bridgeport

(203) 335-2999

**768 Fairfield Avenue
Bridgeport**

(203) 576-0522

**30 Florence Street
Bridgeport**

(203) 873-0260

(203) 334-0995

(203) 367-7009

**594 Kossuth Church
Bridgeport**

(203) 334-2757

73 Frank Street, Bridgeport

(203) 368-5624

**475 Clinton Avenue
Bridgeport**

(203) 334-7000

**1490 North Avenue
Bridgeport**

BRIDGEPORT SERVICES

FOOD

Golden Hill Methodist Church Soup Kitchen

Provides a community supper every Wednesday from 5pm-6pm to anyone in need. Shower service also available.

John's Episcopal Church-Bridgeport Family Center 🗨️

Food pantry services with a photo ID, Saturdays from 9am-12pm

King's Pantry

Food pantry service on Mondays-Fridays from 10:30am-1pm

Park City Initiative

Provides quality food, relevant resources and life coaching to Connecticut families.

Salvation Army-Bridgeport Corps Community Center 🗨️

Food pantry service for those interviewed by a case worker Mondays, Tuesdays, Thursdays, and Fridays from 10am-1pm.

CLOTHING

St. Luke's Church

Has a general clothing donation program and is open Monday-Thursday 9:00am-12:30pm.

Mount Aery Baptist Church

Has a general clothing donation program and is open Friday 10:00am-12:00pm

Community Closet

Offers baby clothing, baby furniture, diapers, general clothing, and household items. The closet can be used once a month and items are distributed when available. You must have a social service agency referral.

Daughters of Charity

Has a general clothing donation program and household goods. Must be a resident of Bridgeport in need and TFA recipient.

**PREFERRED METHOD
OF CONTACT**

Click on links below



BRIDGEPORT SERVICES

SHELTER OR HOUSING ASSISTANCE

In order to receive shelter you must call 2-1-1 or call (800) 203-1234 toll-free

Alpha Community Services YMCA 🗣️

Provides service for temporary shelter for those experiencing homelessness or are close to homelessness. They provide supportive services such as case management as well.

Brooks Street Family Center

An emergency center for families.

Clinton Avenue Emergency Family Shelter

Provides shelter for families. Many of the homeless shelters and services are free of charge.

Prospect House

Emergency shelter for single adults that includes meals and referrals to health and social services. They are open 24/7 and have 32 bed spaces.

EMPLOYMENT

American Job Center Southwest

Offers a training to work program that provides case management, mentoring, education, follow up services for men/women who have been incarcerated and more. Training is provided in manufacturing, construction and health care.

Career Resources 🗣️

Provides programming that helps families find employment opportunities.

Marrakech Inc. 🗣️

Helps people who may experience barriers when trying to find a job. They connect people to a variety of services. Tuesday information sessions at 3:30pm.

Training Direct 🗣️

Provides training for the healthcare industry.

HEALTH/MENTAL HEALTH/ADDICTION SERVICES

American Red Cross

Provides help during emergencies and has training and certification programs in CPR, babysitting, and First Aid

Fred Weismen Americares Free Clinic of Bridgeport

Offers outpatient health care for low income residents who are uninsured. Patients are seen by appointment only. Services include diagnosis and treatment, essential medication as available, X-ray and more. Call for an appointment.

Greater Bridgeport Community Health Center 🗣️

Offers community based mental health services. They have a team of Spanish-speaking providers and links to culturally sensitive agencies in Bridgeport. Walk-ins welcome M-F 9am-3pm

(203) 821-7044

New Haven

(203) 930-1641

Bridgeport

(203) 334-5627

350 Fairfield Avenue
Bridgeport

(203) 338-0642

(203) 372-8842

3885 Main Street, Bridgeport

(877) 287-3327

158 Brooklawn Avenue
Bridgeport

***Visit Website for more
specific information***

(203) 551-7400

1635 Central Ave. Bridgeport

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 366-8241

1070 Park Avenue, Bridgeport

(203) 275-1509

(203) 913-0073

1067 Park Avenue, Bridgeport

(203) 335-0381

For information or to make an
appointment contact

Holly Franquet, Director

Email:

ConnecticutTCP@ecmc.org

(203) 394-6688

999 Broad Street, Bridgeport

Email:

vipcollegeprep.inc@gmail.com

(203) 908-3378

***Visit burroughscenter.org
for more information***

BRIDGEPORT SERVICES

EDUCATION FOR ALL AGES

ABCD Inc. 🗨️

Provides school readiness programs for little to no cost for families who are economically disadvantaged.

Bridgeport Adult Education 🗨️

Committed to meeting the needs of adult learners by offering an individualized program to prepare to become active members in the global society.

Bridgeport Caribe Youth Leaders (BCLY) 🗨️

Provides resources and personalized attention to meet student's needs. They offer scholarships, tutoring, SAT preparation and more.

The College Place-CT

Offers free college access center for students of all ages. They offer help with college choices, college majors and careers, college and financial aid applications, scholarship applications. They also provide free materials on college topics in English and Spanish, group presentations on college and financial aid topics.

The Village Initiative Project

Offers weekly college prep and life skills workshops every Wednesday from 5-7:30 during the school year. These workshops include topics such as study habits, listening skills, note taking, tutoring, time management, public speaking, high school course selection, college selection, financial aid & scholarship information and more.

Wakeman Boys and Girls Club 🗨️

Offers tutoring and outreach programs at area schools that match students with a mentor.

Burroughs Community Center

They have a goal to build an informed, engaged, and empowered community. They offer English language services, free tax help, a community garden informed, engaged and empowered community and more.

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



BRIDGEPORT SERVICES

MULTI-SERVICE ORGANIZATIONS

(203) 331-0200
650 Park Avenue, Bridgeport

(203) 334-5551
850 Park Avenue, Bridgeport

(203) 332-6447
401 Kossuth Street
Bridgeport

(203) 333-4087
1088 Fairfield Avenue
Bridgeport

(203) 345-2000

(203) 367-9036
43 Madison Avenue
Bridgeport

***Visit publicallies.org
for applications***

Bridgeport YMCA

Access to programs such as child care, summer camp, swim lessons, and water safety initiatives.

Bridgeport Rescue Mission 🗨️

Provides food, emergency shelter, clothing, education, job training, and counseling. Onsite meals are served 3 times a day 7 days a week.

Hall Neighborhood House 🗨️

Provides a range of services for all ages. HNH provides childcare and preschool for infants, toddlers, and preschoolers based on income eligibility. For youth HNH offers summer camp and afterschool programming. There is also a senior citizen center open M-F 9am-3pm that serves breakfast and lunch.

The Thomas Merton Center

Offers support for housing, healthcare, parenting issues, and more. Services include free showers, case management, support/creative groups, and the ability to use the center as a mailing address.

Public Allies

Committed to creating a just society and the diverse leadership to sustain it. The AmeriCorps Ally program is a paid opportunity with benefits and is available to all, without regard to race, color, national origin, gender, sexual orientation, religion, age, disability, criminal record and more. Anyone over 17 years with a high school diploma or GED, and who is a U.S. citizen or has permanent residency, is welcome to apply.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 334-1121

Ext. 13 (Rosa Rosa)
480 Bond Street, Bridgeport

(203) 576-6924

75 Washington, Avenue
Bridgeport

Rob Herbert

Herbert@careeresources.org

Terri Williams

Twilliams@workplace.org

(203) 330-4235

999 Broad Street, Bridgeport

BRIDGEPORT SERVICES

REENTRY

The Council of Churches of Greater Bridgeport

Offers services to ex-offenders during their reentry process. Walk-ins accepted; however appointments preferred. Office Hours are 9-2 Monday Through Thursday. Substance Abuse Group at CCAR on Wednesday at 10am

Family Reentry

Provides support services to empower individuals, families and communities to break cycles of incarceration. Programs include reentry, intervention, mentoring, and child/youth.

CT Reentry Collaborative

A collaboration of state and local organizations working together to identify needs and address gaps in services for individuals returning home from incarceration. Individuals with lived experience are encouraged to join this network and work alongside these providers to find real solutions. *Meetings are held on the 3rd Thursday of every month from 9am-10:30am.

Mayors Initiative for Reentry Affairs (MIRA)

The Mayor's Initiative for Reentry Affairs (MIRA) provides linkage to community resources and pertinent information for the empowerment of convicted persons. MIRA strives to foster a productive and supportive environment where persons convicted of offenses may thrive, prosper and contribute to the social, political, and economic development of self, family, and community.

LEGAL SERVICES

Refer to Statewide Legal Services for Service Covering your area

211

211 is the most comprehensive source of local human and social services information in the U.S. Reach out to 211 to speak with a community resource specialist who can help you find services and resources available locally and provide critical services that can improve and save lives.

Dial 2-1-1 or call (800) 203-1234 toll-free



**SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 865-0514

255 Goffe Street, New Haven

(203) 624-6426

311 Temple Street
New Haven

(203) 777-8744

1324 Chapel Street
New Haven

(203) 777-2992

16 Gem Street, New Haven

(203) 468-2355

472 Foxon Blvd, New Haven

Visit [salvationarmy.org](https://www.salvationarmy.org)

to find locations and
services near you

NEW HAVEN SERVICES

FOOD

Bethel AME Church

Provides food services for Bethel families and the greater New Haven community.

Downtown Evening Soup Kitchen, Inc. 🗨️

Serves people who are experiencing homelessness or living in poverty.

Immanuel Missionary Baptist Church

Provides food pantry service every 2nd and 4th Saturday of the month from 8:00am to 9:30am. No I.D. is required. Participants must complete the emergency food assistance program form.

New Haven Church of Christ

Offers food pantry service for the Greater New Haven Area on Fridays from 12pm -2pm.

CLOTHING

New Haven Goodwill Store

A retail thrift store with clothing for all ages open 7 days a week.

The Salvation Army

Offers several retail stores with clothing for all ages across CT.

SHELTER OR HOUSING ASSISTANCE

In order to receive shelter you must call 2-1-1 or call (800) 203-1234 toll-free

Columbus House Inc 🗨️

Provides shelter and housing to people who are homeless or at risk of being homeless.

Habitat for Humanity of Greater New Haven

Creates home ownership opportunities for low-income and working families. They create safe, decent, and affordable houses.

Immanuel Baptist Shelter 🗨️

Provides emergency shelter for men who are in need. They offer a 75-bed shelter service.

New Reach, Inc.

Provides shelter, eviction prevention, case management, and affordable housing.

NHS of New Haven

Provides renovations to distressed homes for families in underserved neighborhoods of New Haven.

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 397-3775

(413) 736-0800

(203) 624-1493

**560 Ella T Grasso Blvd.
New Haven**

(203) 974-7300

34 Park St, New Haven

(203) 777-7411

(203) 503-3300

232 Cedar Street, New Haven

(203) 772-1270

93 Edwards Street, New Haven

(203) 785-2540

**230 South Frontage Road
New Haven**

NEW HAVEN SERVICES

EMPLOYMENT

New Haven Job Corps Center

Provides on-the-job training and help to find the career that is right.

United Personnel Services New Haven

Offers a working team for the job placement process.

Workforce Alliance

Offers job placement, business services, youth/adult career guidance, and job fairs/events.

HEALTH/MENTAL HEALTH/ADDICTION SERVICES

Connecticut Mental Health Center

Provides recovery oriented mental health services.

Fair Haven Community Health Care

Offers accessible healthcare at several locations in New Haven county. Call for services, hours, and other locations.

South Central Rehabilitation

Offers a sliding fee scale for patients and families based on their income and never refuses care based on ability to pay.

Clifford Beers Clinic

Dedicated to treating the whole person and the whole family. Offers a wide variety of services including outpatient services, trauma, access to walk-ins, behavior/personality, academic/school and more.

The Yale Child Study Center

Improves the mental health of children and families, advances understanding of their psychological and developmental needs, and treats/prevents childhood mental illness.

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 498-6800

350 State Street, North Haven

**1040 Whalley Avenue
New Haven**

(203) 946-8130

**Ives Main Library Address:
133 Elm Street
New Haven**

***There are four locations
in New Haven visit
bgcnewhaven.org***

(203) 387-7700

419 Whalley Ave, New Haven

(203) 777-7848

**168 Davenport Ave
New Haven**

 **SPANISH SPEAKING
STAFF AVAILABLE**

NEW HAVEN SERVICES

EDUCATION FOR ALL AGES

ACES

A.C.E.S or Advocacy, Commitment, Excellence, Service is dedicated to transforming lives through education, innovation, and leadership. They offer school based/summer programs, adult vocational services and more.

Chapel Haven: Adult Education

Offers special education programs for individuals with developmental and social disabilities. They offer classes in language arts, mathematics, vocational skills and more.

New Haven Free Public Library 🗨

Provides a variety of library locations all over New Haven. They offer kid and teen programs as well as school homework help and more. Has access to Wi-Fi printing.

Boys and Girls Club of New Haven

Dedicated to inspiring young people to realize their full potential as productive, responsible and caring citizens. They strive to provide a world-class Club experience that assures success. Programs are developed to promote outcomes of academic success, good character & citizenship, and healthy lifestyles.

MULTI-SERVICE AGENCIES

Community Action of New Haven

Offers pathways to prosperity to those in poverty in the Greater New Haven area.

Christian Community Action, Inc.

Provides emergency housing, case management, job search assistance, family counseling and workshops to families that are homeless or are at risk of homelessness.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 562-0171

**830 Grand Avenue
New Haven**

(203) 946-8523

316 Dixwell Avenue, New Haven

(203)-946-7821

165 Church Street, New Haven

**Earl Bloodworth
Ebloodworth@
newhavenct.gov**

**Don Robinson
Drobinson@
workplace.org**

(203) 946-4811

205 Orange Street, New Haven

NEW HAVEN SERVICES

REENTRY

Emerge Connecticut Inc

Helps formerly incarcerated individuals and at-risk youth make a successful return to their families as responsible members, and to their communities as law-abiding, contributing citizens. Visit the website or call the center for more information.

New Haven Opportunity Center

Community employment and social services resource center

Project Fresh Start Prison Reentry Department

A prison reentry department that provides information to the formerly incarcerated, planning, transitional services and more

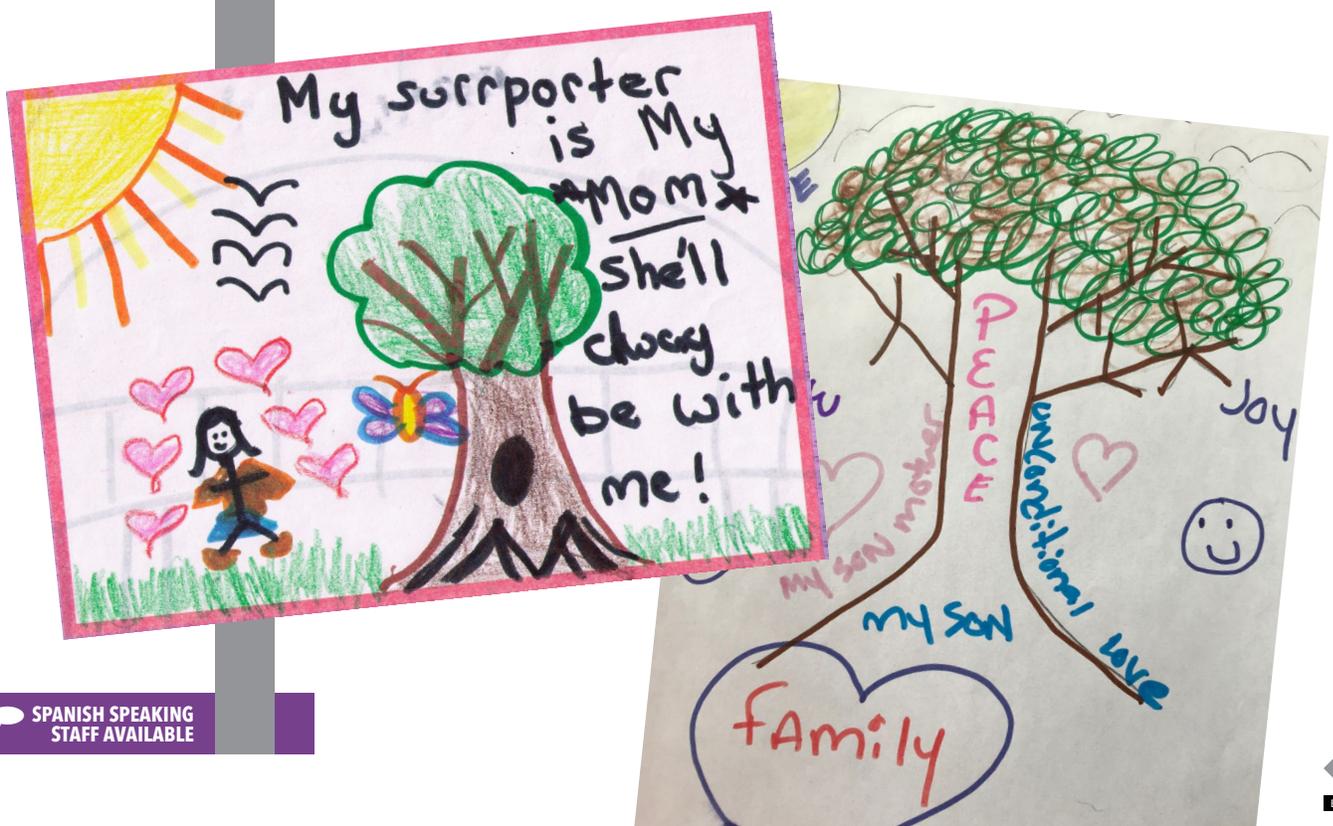
CT Reentry Collaborative

A collaboration of state and local organizations working together to identify needs and address gaps in services for individuals returning home from incarceration. Individuals with lived experience are encouraged to join this network and work alongside these providers to find real solutions. *Meetings are held every Thursday of the month from 11am-1pm

LEGAL SERVICES

New Haven Legal Assistance

They provide high-quality legal services to individuals and groups unable to obtain legal services because of limited income, age, disability, discrimination and other barriers.



**SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 444-6333

(860) 443-6680

106 Truman Street
New London

(860) 444-7745

(860) 447-0366

16 Jay Street, New London

Visit gwct.org

to find locations near you

Visit salvationarmy.org

to find locations and
services near you

NEW LONDON SERVICES

FOOD

Jewish Federation Senior and Community Services

Provides a food pantry. Pantry hours: Monday & Thursday 1pm to 2 pm Tuesdays & Fridays 10am to 12pm. Closed Wednesdays.

New London Area Food Pantry

Provides a central distribution for area residents who need emergency food.

New London Community Meal Center

Offers two meals a day Monday-Friday and Sunday. Lunch is served on every 3rd, 4th, and 5th Saturday of the month.

CLOTHING

Safe Futures

A store that provides general clothing

Goodwill Industries

Offers several retail stores with clothing for all ages across Connecticut.

The Salvation Army

Offers several retail stores with clothing for all ages across CT.

SHELTER OR HOUSING ASSISTANCE

In order to receive shelter you must call 2-1-1 or call (800) 203-1234 toll-free

Covenant Shelter of New London

Provides emergency shelter, housing assistance and case management for families/adults in need.

New London Homeless Hospitality Center

Provides overnight shelter and daytime services such as showers, laundry, bathrooms, and computer access.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(833) 337-1614

NEW LONDON SERVICES

EMPLOYMENT

New England Staffing

A leading temp staffing provider.

(860) 447-3717

70 Howard Street, New London

Temporaries of New England

A full-service temporary staffing company located in New London employing people throughout the state.

(860) 437-4550

Child & Family Agency - New London Child Guidance Clinic

Provides counseling services to children, ages 3 to 18, who are experiencing emotional or behavioral difficulties. They offer trauma focused counseling for children who have experienced sexual and physical abuse.

(860) 437-6914

Connecticut Behavioral Health Associates, P.C.

Provides behavioral health/addictive disease services regardless of race, religion, disability, national origin or gender.

(860) 439-6400

**21 Montauk Avenue
New London**

Sound Community Services, Inc

Offers to support individuals with behavioral health and substance abuse issues. Call to talk about what services/support you are looking for.

(860) 439-0034

35 Redden Avenue, New London

EDUCATION FOR ALL AGES

Higher Edge

Guides low-income and first-generation students through enrollment, retention, and graduation from college by providing the support and resources needed for success. Offers website in Spanish.

(860) 437.2385

Shaw's Cove Three, New London

New London Adult and Continuing Education

Provides excellence in education and customer service. Offers opportunities to improve English language skills, attain high school diploma and/or prepare for the U.S. Citizenship exam. Classes offered at no cost.

Education continued on next page...

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 447-1731

**106 Truman St. New
London**

(860) 447-1411

**63 Huntington Street
New London**

(860) 889-8346

(860) 701-6000

24/7 Hotline

(860) 444-0006

(860) 447-1731

**106 Truman Street
New London**

 **SPANISH SPEAKING
STAFF AVAILABLE**

NEW LONDON SERVICES

EDUCATION

OIC Building

Offers career and educational programs with little to minimum cost. They host free information sessions regarding their programming every Thursday at 9:30am and 2:30pm.

The Public Library of New London

Educational resource that offers access to multiple language classes, job search assistance, children/teen programs, and more.

MULTI-SERVICE AGENCIES

Catholic Charities Diocese of Norwich 🗨️

Offers services in behavioral health, emergency basic needs, case management, parenting, immigration, and more.

Safe Futures 🗨️

Offers services for those affected by domestic violence, sexual assault, stalking, and trafficking. They offer a 24-hour hotline, emergency shelter, transitional living, case management, counseling, advocacy and court support.

Thames Valley Council for Community Action 🗨️

Provides services in education, employment, housing, seniors, and more to increase economic security for low-income individuals.

REENTRY

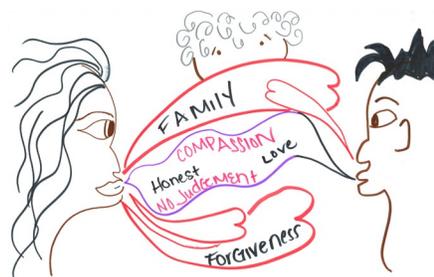
Project Employment

Project Employment provides support services to ex-offenders with the aim of integrating them into the community.

211

211 is the most comprehensive source of local human and social services information in the U.S. Reach out to 211 to speak with a community resource specialist who can help you find services and resources available locally and provide critical services that can improve and save lives.

Dial 2-1-1 or call (800) 203-1234 toll-free



**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 757-7734

770 E Main Street, Waterbury

(203) 754-5140

770 E Main Street, Waterbury

(203) 574-0515

513 Meriden Road, Waterbury

(203) 754-3695

38 Willow Street, Waterbury

Visit gwct.org

to find locations near you

Visit salvationarmy.org

**to find locations and
services near you**

WATERBURY SERVICES

FOOD

Greater Waterbury Interfaith Ministries, Inc.

GWIM's mission is to feed the hungry in a respectful and dignified manner; to empower the homeless and underprivileged to become self-sufficient; to provide hope and opportunity to those in need.

Waterbury Baptist Ministries

Provides a food pantry on Sundays.

The Rock of Waterbury

Mobile pantry that comes on the 3rd Monday of every month from 1-2pm. Bring your own bag and arrive at 12:30.

CLOTHING

St. Vincent DePaul Mission of Waterbury

A thrift store with low prices and a large selection of merchandise. All money raised through purchases from our Thrift Store helps to fund their Mission.

Goodwill Industries

Offers several retail stores with clothing for all ages across Connecticut.

The Salvation Army

Offers several retail stores with clothing for all ages across CT.

SHELTER OR HOUSING ASSISTANCE

In order to receive shelter you must call 2-1-1 or call (800) 203-1234 toll-free

Columbia House Inc

Columbia House is a homeless shelter in Waterbury, CT.

Safe Haven of Greater Waterbury

Provides emergency shelter and support services to victims and survivors of domestic violence and sexual assault.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 596-0002

146 Highland Avenue, Waterbury

(203) 757-4000

24 Wooster Avenue, Waterbury

(203) 437-3380

**249 Thomaston Avenue
Waterbury**

(203) 805-5300

**95 Thomaston Avenue # 2
Waterbury**

(203) 755-1196

56 Church Street, Waterbury

(203) 755-2868

30 Holmes Avenue, Waterbury

(203) 574-9000

141 E Main St, Waterbury

WATERBURY SERVICES

EMPLOYMENT

Coworx Staffing Services 🗨️

Helps job seekers find jobs and be placed. They use individual attention to match you with the right employer.

The Hire Source 🗨️

Helps job seekers find jobs and be placed in the workforce. Mobile app available. Walk-ins welcome M/W 9:00am-1:00pm

Waterbury American Job Center

Offers job search assistance, employment counseling, mock interviews and more.

HEALTH/MENTAL HEALTH/ADDICTION SERVICES

Greater Waterbury Mental Health

Provides mental health services to the Waterbury area. Anyone can contact the center's hotline to find community resources at 1-866-794-0021.

Family Service Center-Catholic Charities

Provides behavioral health services, children's behavioral health, pregnancy counseling, TANF-case management and ore.

Family & Children's Aid

Family & Children's Aid (FCA) is a child-focused non-profit organization offering innovative mental health care for children and their families.

Wellmore Behavioral Health, Child Outpatient Services

A community where individuals are empowered to lead healthy and fulfilling lives.

211

211 is the most comprehensive source of local human and social services information in the U.S. Reach out to 211 to speak with a community resource specialist who can help you find services and resources available locally and provide critical services that can improve and save lives.

Dial 2-1-1 or call (800) 203-1234 toll-free

 **SPANISH SPEAKING
STAFF AVAILABLE**

**PREFERRED METHOD
OF CONTACT**

Click on links below



(203) 756-8104

1037 East Main Street
Waterbury

(203) 346-1301

965 South Main Street,
Suite 2, Waterbury

(203) 573-0264

(203) 574-8038

(203) 754-6172

135 East Liberty Street
Waterbury

(203) 757-8153

969 West Main Street
Suite 3A, Waterbury

Domestic Violence
(203) 575-0036
Sexual Assault
(203) 753-3613

bhines@cpa-ct.org

402 East Main Street
Waterbury

Beth Hines
Bhines@cpa-ct.org

Heather Francisco
Hfransico@safehaven.org

**SPANISH SPEAKING
STAFF AVAILABLE**

WATERBURY SERVICES

EDUCATION FOR ALL AGES

Boys and Girls Club of Greater Waterbury

Offers youth programs which are designed to encourage academic success, good character/citizenship, and healthy lifestyles.

Child Development Center- Catholic Charities

Provides services in early childhood, infant and toddler care, and school readiness.

Waterbury Youth Services

Offers multiple afterschool, employment, and summer programs for youth.

Waterbury Adult Education Program

Offers a program for continuing education.

MULTI-SERVICE ORGANIZATIONS

The Hispanic Coalition of Greater Waterbury

Provides social services in the Greater Waterbury area in areas such as bilingual services, advocacy, collaboration, education, and policy development in the Latino community.

Mental Health CT

Offers homes, including scattered-site supported housing, transitional housing, and supervised apartments, for people with mental health conditions throughout Waterbury. They also offer support employment and education for people with mental health conditions.

Safe Haven of Greater Waterbury

In addition to emergency shelter, Safe Haven offers free comprehensive support services to victims and survivors of domestic violence and sexual assault.

REENTRY

The Greater Waterbury Reentry Council

Provides information, resources, and support that help returning citizens achieve productive and personal lives. They hold meetings the first Tuesday of every month from 9am-10pm.

CT Reentry Collaborative

A collaboration of state and local organizations working together to identify needs and address gaps in services for individuals returning home from incarceration. Individuals with lived experience are encouraged to join this network and work alongside these providers to find real solutions. *Meetings are held every first Tuesday of the month from 9am-10:00pm

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 423-1643

(860) 928-0169

(855) 578-4515

Visit gwct.org

to find locations near you

Visit salvationarmy.org

to find locations and
services near you

(860) 423-JOBS (5627)

1009 Main Street, Willimantic

 **SPANISH SPEAKING
STAFF AVAILABLE**

WILLIMANTIC SERVICES

FOOD

Covenant Soup Kitchen

Provides food and access to basic services through care, love, support, and safety to individuals/families.

Daily Bread Food Pantry

Provides families and individuals with food and personal care items.

Willimantic, Connecticut Welfare Offices

Provides services such as child care, food assistance, cash for needy families, and burial services.

CLOTHING

Goodwill Industries

Offers several retail stores with clothing for all ages across CT.

The Salvation Army

Offers several retail stores with clothing for all ages across CT.

SHELTER OR HOUSING ASSISTANCE

In order to receive shelter you must call 2-1-1 or call (800) 203-1234 toll-free

Holy Family Home and Shelter, Inc.

Serves families whose circumstances have taken away an adequate lifestyle for housing.

Willimantic Housing Authority

Promotes affordable housing, economic opportunity, and a suitable living environment free from discrimination. There is a waiting list on the website.

Windham Region No Freeze

Provides safe temporary shelter, food, clothing, hygiene, case management, and emergency/transport funding.

EMPLOYMENT

Temporaries of New England

A full-service temporary staffing company located in Willimantic that employs people throughout the state in a variety of industries.

**PREFERRED METHOD
OF CONTACT**

Click on links below



(860) 456-1311

WILLIMANTIC SERVICES

HEALTH/MENTAL HEALTH/ADDICTION SERVICES

Natchaug Hospital

Provides care for children, adolescents, and adults who are living with mental illness and substance abuse problems.

(860) 450-0151

54 North Street, Willimantic

Perception Program Inc-Case Management and Outreach

Provides mental health assessment, individual and group counseling, and clinical case management.

Visit www.SLST.org

Connecticut Legal Services-Willimantic Site

Provides information, representation, and legal counseling on the legal rights of low-income people. Priority areas include family violence and other aspects of family law, homelessness, eviction, and housing subsidies.

(860) 423-2591

Tyler Square
1320 Main Street, Suite #25,
Willimantic

EastConn Adult and Community Programs

Offers GED/high school completion, employment/training, English/U.S. citizenship, and employer services programs.

(860) 450-7400

1315 Main Street, Willimantic

MULTI-SERVICE ORGANIZATIONS

Access Community Action Agency

Offers services such as employment, training, heating assistance, shelter, food and more.

(866) 859-8818

American Job Center Ex-Offender Reentry Programs

Offers job finding assistance to ex-offenders and assists them in re-entering society/the workforce.

LEGAL SERVICES

Refer to Statewide Legal Services for Service Covering your area

 **SPANISH SPEAKING
STAFF AVAILABLE**



Helping Hands was compiled by the administrative staff of the Judy Dworin Performance Project with graphic design by Taylor Goodell Benedum, Spanish translation by Stacey Lopez, front cover photo by John Atashian and back cover art work by JDPP teaching artist Lauren Elish. Other booklet art work is by participants in Judy Dworin Performance Project's Bridging Boundaries™ In-School, Moms & Kids, and Dads & Kids programs. The Resource Guide was made possible through the generous support of **the Hartford Foundation for Public Giving.**



JUDY DWORIN
PERFORMANCE PROJECT

JDPP

Moving for Change Since 1989