

Northwestern Connecticut Re-Entry Council Resource Guide

Updated September 2021



Torrington, CT 06790

WHO WE ARE

The NW Re-Entry Council is one of the Connecticut Re-Entry Collaborative.

We are community members working together to provide resources for individuals returning to the community after incarceration. We are looking to re-establish lives through providing pathways to holistic, successful reintegration.

Our aim is to provide assistance with:

- Transportation
- Education
- Employment
- Housing
- Access to healthcare
- Identification / document procurement

This Community Resource Guide is constantly being updated. If you know of any information that should be included, corrected, deleted or in some way mode modified, please contact:

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SECTION 1: IDENTIFICATION

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Getting Documents Notarized

Getting a document notarized means taking it to a notary public. A notary public is legally authorized to witness signatures and certify that a document is valid.

There are several notaries in the Torrington area, including:

Torrington City Clerk

140 Main St.

Torrington, CT 06790

860-489-2236

Monday to Wednesday: 8:30 a.m. to 4:00 p.m.

Thursday: 8:30 a.m. to 6:30 p.m.

Friday: 8:30 a.m. to 12:30 p.m.

The UPS Store

220 Albany Turnpike

Canton, CT 06019

860-693-9633

Monday to Friday: 8:30 a.m. to 6:30 p.m.

Saturday: 9:00 a.m. to 5:00 p.m.

Sunday: Closed

**The notary is in and out during the day, so call ahead. **

To have a document notarized, you must bring two pieces of ID, at least one of which should have your photograph. You should bring your DOC discharge papers and any other documents you have, such as:

- a utility bill (gas, electric, water)
- a cell phone bill
- any mail addressed to you

- a letter from your parole officer or probation officer
- a pay stub or a letter from your employer
- Social Security card, health insurance card, or DSS card
- your lease or rental agreement
- a letter from a shelter where you're staying

Call ahead to ask the notary what documents he or she accepts.

If you don't have ID, you can also prove your identity to the notary with a "credible witness," someone who knows both you and the notary. Call ahead to ask the notary for help finding a "credible witness."

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Getting a Birth Certificate

A few states treat birth certificates as public records. But most states require some ID to get a copy of your birth certificate.

If you have little or no ID, the best approach is usually to ask a parent, spouse, child, or other relative with standard ID to apply on your behalf, ideally before your release from prison.

Some states accept Department of Corrections discharge papers as ID to obtain a birth certificate, either by policy or by informal practice. You should call ahead to confirm whether the office will accept your DOC discharge papers as ID.

Procedures for getting your birth certificate vary from state to state; if you don't have standard ID, your success in getting a copy of your birth certificate may depend on the mood of the staffer you talk to that day. Help from a case manager, mentor or discharge planner may improve your chance of success.

- Bring your DOC discharge papers and any other ID you have.
- Bring \$20.00 in cash, or a money order made out to "Vital Statistics."

- Fill out the form “APPLICATION FOR COPY OF BIRTH CERTIFICATE.”

What to do if you don’t have the right kind of ID: If you don’t have any ID, a family member who has photo ID can request a copy of your birth certificate by going to the Vital Statistics Office. Your parents will only need a photo ID. Your spouse will need a photo ID and (if you weren’t married in New London) a copy of your marriage license. Your children will need a photo ID and (if they weren’t born in New London) a copy of their own birth certificate. Your grandparents will need a photo ID and (if your parent wasn’t born in New London) a copy of your parent’s birth certificate (mother or father, whichever is their child).

How long it will take to receive a copy: It depends on the line, but probably around 15 minutes.

Place of Birth: Connecticut Towns

Web: <http://www.ct.gov/dph/cwp/view.asp?a=3132&q=390652>

**If you were born in Connecticut, the best way to get a copy of your birth certificate is from the clerk’s office for the town where you were born. Check the list of “Connecticut Town and City Clerks” to find the address and phone number.

<http://www.ct.gov/dph/cwp/view.asp?a=3132&q=388128>

Cost: \$15.00 for wallet copy, \$20 for full-sized copy

ID needed: A valid, current government-issued photo ID, like:

- Driver’s license
- State issued identification card
- Government issued employment identification
- Passport

If you don’t have a photo ID, you can use two of the following:

- Social Security card
- Written verification of identity from employer

- Car registration
- Copy of utility bill showing name and address
- Checking account deposit slip stating name and address
- Voter registration card

If you are on probation or have completed your sentence, it's simple to register to vote.

Online voter registration is now available in CT. To use the online voter registration system, you must have a current and valid driver's license, learner's permit or non-driver photo identification card issued by the CT Department of Motor Vehicles (DMV) and a signature on file with DMV

<https://voterregistration.ct.gov>

If you don't have any of these forms of ID, many clerk's offices will accept DOC discharge papers. Call ahead to check.

Who can get a copy: You, your spouse, your parents, your grandparents, your children (if 18 or older)

If you can, it's better to go in person to the clerk's office for the town or city where you were born. Find the address and phone number of the clerk's office on the list "Connecticut Town and City Clerks" and call ahead for directions. Tell the clerk what forms of ID you have, including your DOC discharge papers, and ask if this is enough to get a copy of your birth certificate. Remember, you can ask your parole or probation officer, your employer, or a social services worker for a letter stating who you are.

If you have the right ID, you should go in person and:

- Bring copies of all your IDs, including your DOC discharge papers
- Bring cash or a money order for \$10 made out to the town where you were born. (For example, if you were born in Bridgeport, make it out to "City of Bridgeport.")

- Fill out the form for a copy of your birth certificate.

If you can't go in person, you can mail in your request. Find the address and phone number of the clerk's office for the town or city where you were born and call ahead. Tell the clerk what ID you have, including your DOC discharge papers, and ask if this is enough to get a copy of your birth certificate. Remember, you can ask your parole or probation officer, your employer, or a social services worker for a letter stating who you are.

To mail in a request when you have the right ID, you should:

- Fill out the form "REQUEST FOR COPY OF BIRTH CERTIFICATE"
- Make photocopies of whatever ID you have, including your DOC discharge papers
- Get a money order for \$10.00 made out to the town where you were born. (For example, if you were born in Bridgeport, make it out to "City of Bridgeport.")
- Mail the form, the photocopies, and the money order to the address on the list of "Connecticut Town and City Clerks." Call ahead to double-check the address.

What to do if you don't have the right kind of ID: If a family member has a photo ID, they can get a copy of your birth certificate, either in person or by mail. Follow the instructions for mailing in a request above but use your family's ID above. Your parents will only need a copy of their own photo ID. Your spouse will need a copy of their own photo ID and a copy of your marriage license. Your children will need a photo ID and a copy of their own birth certificate. Your grandparents will need a photo ID and a copy of your parent's birth certificate (mother or father, whichever is their child).

How long it will take to receive a copy: If you or a family member goes in person to the clerk's office, you should be able to get your birth certificate that same day. If you or a family member requests

a copy by mail, it may take 4-6 weeks.

Place of Birth: Outside Connecticut

For a guide to obtaining your birth certificate that covers all fifty states and Puerto Rico, as well as sample application forms (in a separate file posted on the same site)

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Getting A Social Security Card

Social Security Office in Torrington

147 Litchfield St. Torrington CT 06790

Phone: 877-405-0486 (local) or 1-800-772-1213 (toll-free)

TTY: 860-626-9568

Hours:

Monday, Tuesday, Thursday & Friday: 9:00 a.m. to 4:00 p.m.

Wednesday 9:00 am to 12:00 pm

Website: <http://www.ssa.gov/ssnumber/>

Cost: None. (Limit of 3 replacement cards a year, 10 in a lifetime).

Application requirements: Completed Application for a Social Security Card form (SS-5) and original or certified copies of ID (see below). First-time applicants age 12 or older must apply in person at a Social Security office; all others can mail application materials. The application form can be found online at:

<http://www.ssa.gov/online/ss-5.pdf>

ID needed: To apply for an original Social Security card, you need at least two documents to prove age, identity, and U.S. citizenship or current lawful immigration status. In general, you need two of the following:

- Birth certificate

- Passport
- Driver's license or state-issued non-driver ID card

To apply for a replacement Social Security card, you must prove your identity with one of the following documents:

- Driver's license
- State-issued non-driver ID card, or
- Passport

If you don't have one of these documents, or can't get a replacement within 10 days, Social Security may accept other documents to prove your identity, such as:

- Employee ID card
- School ID card
- Health insurance card
- Certificate of Naturalization
- U.S. military ID card

If you were born outside the U.S., you must also show U.S. citizenship or lawful, work-authorized immigration status.

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Getting a State Photo ID

Did you leave your Identification with the DOC?

Call the Identification Recovery Specialist at.... **(860) 692-7564**

Connecticut Dept. of Motor Vehicles (Winsted Branch):

151 Torrington Rd. Torrington CT 06098

Hours: Tuesday: 7:45 a.m. to 4:00 p.m.

Wednesday: Closed

Thursday: 9:15 a.m. to 5:30 p.m.

Friday: 7:45 a.m. to 4:00 p.m.

Saturday: 8:00 a.m. to 12:30 p.m.

Phone: 860-263-5700

General Phone: 860-263-5700 (in Hartford area or outside CT)

Alternate Phone: 1-800-842-8222 (Elsewhere in Connecticut)

Website: <http://www.ct.gov/dmv/site/default.asp>

Cost: \$22.50. The fee is waived if you live in a homeless shelter, transitional housing, or other facility for homeless persons.

The Department of Motor Vehicles (DMV) issues a Non-Driver Photo Identification Card to Connecticut residents who do not possess a valid motor vehicle operator's license or whose license is suspended. The ID card lasts five to seven years. Apply at any full-service DMV branch office or the Winsted Satellite office.

Application requirements: You must bring the following:

- Certified Birth Certificate or valid Passport (not copies). Non-U.S. citizens must bring proof of legal status.
- One additional form of valid state-issued ID (see below).
- Proof of Connecticut residence (such as a utility bill, mortgage document, or a lease or rental agreement).
- Completed CT Identification Card Requirements and Application (form B-230). To request the form, call 860-263-5700 (in Hartford area or outside CT) or 1-800-842-8222 (elsewhere in Connecticut). Or request it online at <http://www.dmvct.state.ct.us/B230FORM.HTM>
- \$22.50 fee. The fee is waived if you can show that you reside in a Connecticut shelter. An official from the shelter must sign your application form.

ID needed: In addition to your certified birth certificate or passport, you must provide one original ID from this list:

- Valid U.S. / Territory or Canadian photo driver license
- Valid out-of-state or Canadian photo learner permit

- CT non-driver ID card if issued on or after Oct. 1, 2001
- CT learner permit if issued on or after Aug. 1, 2008
- Social Security card (no laminated or metal cards)
- CT Dept. of Corrections original certificate of ID
- Military ID or dependent card with photograph
- Connecticut pistol or firearm permit
- Military discharge/separation papers (DD-214)
- Court Order (such as name change, marriage certificate or dissolution): Must be original or certified copy and contain full name and date of birth.
- Marriage license (certified copy only)
- Pilot's license (issued by the FAA)
- School record/transcript (must be certified)
- Connecticut State Department of Social Services (DSS) issued photo public assistance card
- Baptismal certificate or similar document
- State or Federal Government Employee ID with signature and photograph and/or physical description

SECTION 2: BASIC NEEDS

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Department of Social Services:

62 Commercial Blvd, Torrington, CT 06790

Phone: 860-496-6900

<http://www.ct.gov/dss/cwp/view.asp?a=2445&q=309946&PM=1>

The Department of Social Services administers many benefits programs in the State of Connecticut. For a full list of these programs, see below.

Language(s) Spoken: English and Spanish but will find other interpreters as needed.

***Note – Due to staffing shortage, you may not be seen by the intake worker on the day you come in. However, you are

encouraged to fill out an application and leave it with the reception staff, so your case can be assigned to an intake worker. You will be contacted by that worker and your application date is protected (that is, you are considered to have applied on the day you handed in your application).

Transportation Assistance Available: None

Referral/Drop In: Drop in

Documentation Needed Prior to Entry: Identification and Proof of Address. (Other documentation, such as proof of income, may be needed for certain programs.)

Pre-Release Application: Can request an application through the Department of Corrections (DOC), which DOC will deliver prior to release, or can request an application by calling 855-626-6632 and mailing it to:

Department of Social Services State of Connecticut
62 Commercial Blvd, Torrington, CT 06790
Phone: 860-496-6900
ATTN: Adult Intake

Programs administered through the Department of Social Services include:

Supplemental Nutrition Assistance Program (SNAP):

Food assistance program, including an expedited program for which recently released individuals and others may be eligible (see details below).

- Qualifications: Monthly income limits are: \$1,670 for a 1-person household, \$2,247 for a 2-person household, \$2,283 for a 3-person household, and \$3,400 for a 4-person household. No asset test for most households.

- Application Information: Also available online at <http://www.ct.gov/dss/cwp/view.asp?a=2353&q=411676>

Note: If you have just been released from incarceration you should be eligible for the EXPEDITED SNAP PROGRAM, which means that you should receive an EBT card within seven business days of handing in your application (be sure to hand in your application even if the Thames Street intake has closed for the day). Ask a staff person or supervisor at DSS for more information.

Medicaid LIA (Formerly SAGA Medical):

Medical assistance to low-income persons who do not qualify for or who are awaiting eligibility determination for other state or federal program.

- Qualifications: The income limit for an individual is \$506.22. The assets of a household must be less than \$1000, and \$4,500 car equity are excluded. Home property is excluded. Lien is placed on home.
- Application Information: Participants may call 1-866-361-SAGA (7242) for more information about covered services and referral to medical providers.

SAGA CASH:

Cash assistance to individuals who are unemployable due to physical and/or mental impairment

- Qualifications: Determination for eligibility by Department's disability examiners.

JOBS FIRST TEMPORARY FAMILY ASSISTANCE:

Cash assistance to families with children, up to \$550 per month

for a family of three.

- Qualifications: Either pregnant or responsible for a child under 19, and have very low income, be unemployed, or about to become unemployed.

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UTILITIES & SAVINGS

New Opportunities of Greater Torrington N.O.W.:

59 Field St. Torrington, CT 06789

Phone: 860-482-9749

Website: <http://www.newoppinc.org>

NOW Energy Assistance Program helps those who meet certain income-eligibility and geographic requirements may obtain help with their energy costs from one or more of the Energy Assistance programs administered by New Opportunities Inc.

The organization's Energy Division offers both financial aid and, where needed, support in the form of Weatherization.

Services: Electric Service Payment Assistance, Gas Service Payment Assistance

Hours: Call for an appointment

Eligibility: Person is in an EXTREME emergency

Additional Services:

Participating Operation Fuel Sites Provide A Cash Grant Paid Directly to A Gas or Electric Utility to Help Income Eligible Households in A Crisis Situation Meet Home Energy Expenses. The Grant Amount Can Be Lower Than the Stated Maximum and Is Determined by Operation Fuel Staff.

The Salvation Army of Torrington, CT:

234 Oak Ave. Torrington, CT 06790

Phone: 860-482-3569

Services: Electric Payment Assistance, Gas Service Payment Assistance Heating Fuel Payment Assistance

Hours:

Sunday: 10:00 a.m. (Worship Service)

Tuesday: Call for Appointment (Social Service Needs)

Wednesday: 10:00 a.m. to 3:00 p.m.

Thursday: 10:00 a.m. to 12:00 p.m.; 1:00 p.m. to 3:00 p.m. (Food Pantry)

Friday: 10:00 a.m. to 3:00 p.m.

Support for Adults: Senior Services/Retreats, Veterans Services, Women's Ministries, Pathway of Hope, Combating Human Trafficking, Adult Rehabilitation, and Family (Thrift) Stores

Children & Families: Holiday Programs, Hunger Relief, Basic Needs Assistance, Homeless Assistance, Homeless Services, The Right Place (Preschool), and Camp CONNRI (Summer Youth Camp)

City of Torrington:

140 Main St. Torrington, CT 06790

Phone: 860-489-2211

Rent and Fuel Assistance

The Sullivan Senior Center is not just a place for recreation. The senior community looks to the Center for help with processing their assistance applications. Energy Assistance, Renters Rebate, Medicare Part D, Medicare Savings Program, Income Tax Assistance and Title XIX. Appropriate referrals are made to social service agencies, such as Protective Services for the Elderly, Legal Services, Financial Counseling, Housing, the Center for Medicare Advocacy, Home Care and Health Services and the Community Health and Wellness Center of Greater Torrington. Notary services are available.

Renters Tax Relief Program

Renters receive direct grants from the State of Connecticut on the assumption that part of their rent goes to cover their landlord's property tax. The filing period is between May 15 and September 15 every year at the Sullivan Senior Center, 88 East Albert Street, and Tuesday thru Thursday from 9:00 a.m. to 2:30 p.m. by appointment. Call 860-489-2211.

Grants are given to qualifying people who are 65 years of age and over and for people who are totally disabled under the Social Security Disability Act. Renters must have resided in the State for at least one year. Certain government aid or subsidizes, such as monthly cash supplement, a onetime cash supplement or clothing allowance will disqualify a person from the program.

The following documents are required at the time of application:

Proof of annual income including:

- Income tax return, if filed
- All 1099 Forms for Social Security, Pension, Interest, Dividends
- W-2 for Wages
- Utility Company Receipts, Rent Receipts or Canceled Checks

Fuel Assistance Program

This program is designed to help people pay for their winter home heating costs, if they qualify, by directly paying the oil company or utility company for money awarded to their household. If heat is included in a person's rent, the renter must be paying more than 30% of their income for their monthly rent to qualify.

Applications are taken for senior citizens from October 1 through March 15 (thru April 15 for Utility Fuel Assistance) Tuesday through Thursday from 9:00 a.m. to 2:30 p.m. by appointment. Call 860-489-2211.

FISH:

332 South Main St. Torrington, CT 06790

Phone: 860-482-7300

Services: Electric Payment Assistance, Gas Service
Payment Assistance Heating Fuel Payment
Assistance

Hours: Monday – Thursday: 9:00 a.m. to 5:00 p.m.

Friday: 9:00 a.m. to 3:00 p.m.

Eligibility: Residents of Torrington, Goshen, Harwinton, Bantam, Litchfield, Morris, Hartland, Norfolk, Barkhamsted, Colebrook, Warren and New Hartford

OPERATION FUEL - FISH ASSISTS PEOPLE TO COMPLETE APPLICATIONS TO PARTICIPATE IN OPERATION FUEL

Warm Thy Neighbor Operation Fuel, Inc.

The Energy Assistance Program is funded primarily by Operation Fuel, Inc., which is a non-for-profit agency operating solely on donations and grants. For more information visit Operation Fuel at: <http://www.operationfuel.org>

Applications:

Clients must apply for and have exhausted the CEAP (Connecticut Energy Assistance Program) before applying for Operation Fuel.

For more information about CEAP, call Info line (211) or go <http://www.infoline.org>

Once a client has exhausted the CEAP program, or if a client has been found "ineligible" for any reason and feels that they are still in need of assistance, they may call for an appointment with Operation Fuel. (Applications are done by appointment only.)

Potential clients may call (860) 482-7300 for an appointment:
Monday through Thursday: 9:00 a.m. to 5:00 p.m.

or

Friday: 9:00 a.m. to 3:00 p.m.

Towns served:

Torrington, Goshen, Harwinton, Bantam, Litchfield, Morris,

Hartland, Norfolk, Barkhamsted, Colebrook, Warren and New Hartford

To find the Operation Fuel in your area go
to: www.operationfuel.org

Clients will be required to bring current income information for all household members, including:

- 4 recent/consecutive pay stubs (if paid weekly)
- 2 recent/consecutive pay stubs (if paid bi-weekly)
- TPQY printout from Social Security (income verification letter)
- DSS (Department of Social Services) printout if receiving State assistance
- Proof of Child Support amount/Alimony
- Printout from the VA for Veterans Benefits
- Unemployment printout (if unemployed)
- Retirement benefits
- Any other income not specified above

Clients applying for electric or gas assistance will need to bring their current utility bill and the disconnect notice, if applicable.

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BASIC NEEDS FOR THOSE IN RECOVERY

Access to Recovery III (ATR):

Phone: 866-580-3922 (call for screening and referral)

Website: http://abhct.com/resources_atr.asp

Population Served: Adults (18+) who have a verifiable substance use disorder AND fall into one of these groups:

- Probation
- Parole / Transitional Supervision (TS)
- End of Sentence (EOS) AND in addiction services at either York or Gates
- DCF-involved through Women's Behavioral Health Recovery or Project SAFE
- Inpatient substance abuse treatment at Blue Hills Hospital (Hartford) or CVH Merritt Hall (Middletown)

This federally-funded program, administered in Connecticut by Advanced Behavioral Health, Inc. for the Department of Mental Health and Addiction Services (DMHAS) provides vouchers to adults with substance use disorders to help pay for a range of community-based clinical treatment and recovery support services. The goals of this program are to expand service capacity, support client choice, and increase the array of faith-based and community-based providers for clinical treatment and recovery support services. All services are designed to assist recipients remain engaged in their recovery while promoting independence, employment, self-sufficiency, and stability.

Recovery Supports Program:

Phone: 800-658-4472 (call for screening and referral)

Website:

<http://www.ct.gov/dmhas/cwp/view.asp?a=2900&q=334750>

Population Served: Recipients of Medicaid for Low Income Adults (LIA) (formerly SAGA Medical) engaged in behavioral health treatment services who are temporarily unemployed and not receiving cash benefits.

Referral/Drop In: Must be referred by your behavioral health treatment or supported recovery house provider (the person treating you for substance abuse and/or mental health issues).

The Recovery Supports Program (RSP) is a program administered by the State of Connecticut to assist eligible participants with basic living needs. RSP is not an entitlement but rather is designed to provide temporary assistance to eligible participants when no other community resources are available. Recovery Supports are available under several categories, such as: housing assistance; transportation; basic needs (e.g., clothing & personal items); and other appropriate supports that enhance the recipient's recovery plan. RSP will not provide cash assistance directly to program participants

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CLOTHING

Catholic Charities:

132 Grove Street, Torrington, CT, 06790

Phone: 860-482-5558

Hours: Monday to Friday: 9:00 a.m. to 5:00 p.m.

Website: <http://www.ccaoh.org>

Language(s) spoken: English, Spanish

Basic Needs:

When an immediate unexpected crisis prevents families and individuals from functioning, Catholic Charities provides food, clothing, utility assistance, and holiday assistance through emergency case management and advocacy services.

Salvation Army:

57 Main St. Torrington, CT, 06790

Phone: 860-469-7170

Hours: Monday to Sunday: 10:00 a.m. to 7:00 p.m.

Website: <http://www.satruck.org>

Language(s) spoken: English

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FOOD

Breakfast/Lunch/Dinner

The Community Kitchen of Torrington Inc.:

220 Prospect St.
Torrington, CT 06790
860-482-0130

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FOOD PANTRIES

Make sure you check by calling the food pantry to confirm that they still are in operation and that the hours have not changed.

FISH:

332 South Main St. Torrington, CT 06790

Phone: (860) 482-7300

Hours:

Monday, Tuesday, Thursday & Friday: 10:00 a.m. to 1:00 p.m.

Website: <http://www.fishnwct.org>

Salvation Army:

57 Main St. Torrington, CT 06790

Phone: (860) 489-7170

Hours: Tuesday to Friday: 9:00 a.m. to 3:00 p.m.

Salvation Army:

716 Main St Winsted, CT 06098

Phone: (860) 379-8444

Hours: Tuesday to Wednesday: 2:00 p.m. to 6:00 p.m.

Friday: 10:00 a.m. to 2:00 p.m.

Friendly Hands Food Bank Inc.:

50 King St. Torrington, CT 06790

Phone: (860) 482-3338

Hours: Monday to Friday: 9:30 a.m. to 4:00 p.m. (by appointment only)

Town of Burlington:

200 Spielman Hwy. Burlington, CT 06013

Phone: (860) 673-6789

Hours: Monday to Friday: 9:00 a.m. to 4:00 p.m.

Barkhamsted & New Hartford Pantry:

93 River Rd Pleasant Valley, CT 06063

Phone: (860) 379-2157

Hours: Monday 6:00 p.m. to 8:00 p.m.

Thursday 2:00 p.m. to 4:00 p.m.

Canton Food Pantry:

55 River Rd. Rt. 179 Collinsville, CT 06022

Phone: (860) 693-0629

Hours: Tuesday 8:45a.m to 11:30 a.m.

Town of Morris Food Bank:

3 East St. Morris CT 06763

Phone: (860) 567-7430

Hours: Monday to Thursday: 9:00 a.m. to 12:30 p.m.

Friday: 9:00 a.m. to 11:00 a.m.

Harwinton Food Pantry:

100 Bentley Dr. Harwinton, CT 06791

Phone: (860) 485-9613

Hours: Every Other Tuesday 11:00 a.m. to 1:00 p.m.

Thomaston Food Pantry:

158 Main St. Thomaston, CT 06787

Phone: (203) 558-0853

For residents of Thomaston in emergency situations

Warren Washington Food Bank

The Warren Washington Food Bank

7 Sackett Hill Rd

Warren Ct

Open Thursdays 10:00 to noon

WIC Programs

WIC (Special Supplemental Programs for Women, Infants, and Children) Programs provide specific nutritious food items & baby formula including nutrition education to eligible pregnant women, post-partum women up to six months regardless of how pregnancy ends, breastfeeding women up to one year after delivery, and infants & children up to their fifth birthday. Income guidelines apply.

WIC Program – Torrington:

350 Main St. Torrington, CT 06790

Phone: (860) 489-1138

Family Strides, Inc.:

350 Main St., Suite D Torrington, CT 06790

Phone: (860) 482-3236

Two Hearts Pregnancy Care:

116 Grove St. Torrington, CT 06790

Phone: (860) 482-0672

Hours: Thursday, Saturday, Tuesday 10:00 a.m. to 3:00 p.m.

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HOUSING

Emergency Housing for Individuals

The following organizations offer emergency shelter services for

single adults (over the age of 18). Many of these shelters have additional restrictions (for example, some serve only women).

FISH:

332 South Main St. Torrington, CT 06790

Phone: (860) 482-7300

Email: Info@fishnwct.org

Website: www.fishnwct.org

Covenant Shelter provides emergency shelter for families in need. We also provide shelter to single adults.

Susan B. Anthony Project:

179 Water St. Torrington, CT 07690

Phone: 860-489-3798

**Northwest Connecticut YMCA – Winchester
Emergency Shelter:**

480 Main St. Winsted, CT 06098

Phone: (860) 379-0708

Emergency Housing for Families

There are several sites in the Torrington area that provide emergency shelter for families. Some organizations provide housing only for female-headed households.

FISH:

332 South Main St. Torrington, CT 06790

Phone: 860-482-7300

Hours: M-F 9:00 a.m.-5:00 p.m.

Website: <http://www.fishnwct.org/>

The FISH Shelter prides itself on being a safe and secure, family friendly home, offering 35 beds of which 5 are dedicated to

veterans. Our in-house food service provides breakfast and dinners.

Salvation Army:

74 Central Ave. Waterbury, CT 06720
Phone: 203-754-7056

Transitional Housing for Adults:

Susan B. Anthony Project:

179 Water St. Torrington, CT 06790
Phone: 860-496-2105

Offers transitional living for women who are victims of domestic violence, dating violence, sexual assault, or stalking and their children. Residents live in the transitional house up to two years.

McCall Foundation:

127 Migeon Ave. Torrington, CT 06790
Phone: 860-496-2105

McCall House a comprehensive recovery program that provides structure, research-based support and counseling in a nurturing environment. The McCall House is a beautiful home in a friendly neighborhood setting that offers nutritious meals while healthy recreational activities help people build new, positive and

productive lives. Extensive vocational counseling and support and employment opportunities are also available.

Permanent Housing:

Torrington Housing Authority:

110 Prospect St. Torrington, CT 06790

Phone: 860-482-3541

The Housing Authority of the City of Torrington, governed by federal regulations, consists of 430 apartments, some garden style, and others multi storied. Made up of efficiency and one-bedroom; to accommodate singles, couples and handicapped persons with low to moderate income. Flat rent available at all sites. One small domestic pet allowed with certain restrictions.

Torrington Affordable Housing:

220 Prospect St. Torrington, CT 06790

Phone: 860-489-6045

Woodland Hills Apartments:

330 Highland Ave. Torrington, CT 06790

Phone: 860-496-1606

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RECOVERY & SOBER HOUSING

This section lists a sample of the recovery & sober houses available in the Torrington area. The Connecticut Community for Addiction Recovery (CCAR) has created an online recovery housing

directory. You can search the directory free of charge for sober housing in Connecticut and several other states. The directory is available online at:

<http://www.findrecoveryhousing.com>

33 Prospect:

33 Prospect St. Torrington, CT 06790

Phone: 860-618-5858

Hollister House:

Pulaski St. Torrington, CT 06790

Phone: 860-605-3933

McCall Center for Behavioral Health:

58 High St. Torrington, CT 06790

Phone: 860-605-3933

* * *

TRANSPORTATION

Northwest Transit District:

Phone: 860-489-2535

CANDYSTRIPER LOCAL BUS SERVICE

The CANDYSTRIPER is a Local Bus Service (Deviated Flexible Route Service) available in Torrington, Winsted and Litchfield; Monday through Friday; and, Torrington Saturday is operated by Northwestern Connecticut Transit District.

- The local bus service is a deviated flexible route service, which means the bus will travel 3/4 mile off its local bus route, upon request, to pick up riders. Call **NWCT at 860-489-2535** the day before travel to plan for pick-up. You can also request drop-off within 3/4 mile of the bus route when you are on the bus; the driver will try to accommodate your request within 30 minutes.
- Commuter bus service provides access to jobs in Torrington, Monday through Friday.

DIAL-A-RIDE CURB-TO-CURB TRANSPORTATION SERVICE

The Rural Transit Dial-A-Ride is a paratransit van, curb-to-curb transportation service provided by Northwest CT Transit District. Available to people of all ages, in the (17) towns throughout Northwest CT. Anyone under (12) years of age must be accompanied by an adult.

Transportation is provided to nutrition programs, medical appointments, shopping and for other social and personal purposes. Group excursions may also be arranged.

INTER-REGIONAL

The Rural Transit Inter-Regional is a curb-to-curb service for people of all ages, in the (17) towns it serves. Anyone under (12) years of age **must be** accompanied by an adult.

Statewide Transportation

CT Rides

CTrides helps the people of Connecticut enjoy the environmental, financial, and health benefits of commuting by bus, train, carpooling, vanpooling, walking, or biking to work.

For more information, please visit:

ctrides.com

Trip Planner (ctrides.agilemile.com/)

Live Support (ctrides.com/contact/)

RURAL INDEPENDENT TRANSPORTATION SYSTEM (RITS)

Northwestern CT Transit District, Geer, and Ed Advance are partnering with the NHCOCG to provide expanded service to the elderly and disabled for non-emergency medical transportation outside the district.

If you or someone you know is elderly or disabled and needs a ride to a medical facility for non-emergency treatment (e.g. dialysis, radiation, burn treatment, pulmonary rehab), please contact the designated service provider for your town to arrange a ride. Calls

should be made at least 48 hours in advance of the medical appointment.

All vehicles are wheelchair accessible.

Medical Transportation:

Torrington Chore Program for the Elderly

Phone: 1-860-489-2580

What is the Chore Program?

The Torrington Chore Program is a service offered to the frail, at risk and /or low-income elderly (over the age of 60) residents of Torrington and Harwinton. The program is designed to assist people with housekeeping chores.

The Chore Program enables people to remain at home in their community and not be at risk of institutionalization.

It is the responsibility of the elder to provide all cleaning supplies and equipment. A chore worker will be scheduled for two hours per week to assist program participants.

Is There a Fee?

There is no charge for the service, although suggested donations are accepted. The donation is based on the individual's income. The suggested donations range from \$8.00 to \$17.00 per hour and helps to defray the cost of the program expenses.

Veyo:

Phone: 855-478-7350

We are a proven, end-to-end solution to the logistics challenge of NEMT (non-emergency medical transportation). Advancing performance for all modes, all geographies, and all member needs.

SECTION 3: ADDITIONAL REENTRY RESOURCES

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ADVOCACY AND SUPPORT GROUPS

Connecticut Junior Republic:

168 South Main St. Torrington, CT 06790
Phone: 860-482-7600

Children today need help for problems that include emotional and behavioral difficulties, learning disabilities and the results of family and community issues. The courts, as well as state agencies serving children and families, local education agencies, and private referral sources turn to CJR for assistance in helping troubled youth and families.

Cable Academic and Vocational Education Center

The Cable Education Center serves Connecticut boys referred by local education agencies and public schools and provides regular,

special, vocational and alternative education, as well as transition and enhancement

Community Programs

Services located in the community to meet the needs of young people and families before more serious intervention is necessary

Residential Services

Comprehensive care, education, recreation and family-focused therapy and aftercare help youth re-engage with their homes, schools and communities.

Behavioral Health and Wellness Programs

Programs help youth overcome learning disabilities and other deficits and include transition and related services, so they can return successfully to their schools and communities.

Susan B. Anthony Project:

179 Water St. Torrington, CT 06790

Phone: 860-489-3798

Court & Medical Advocacy

Susan B. Anthony Project can accompany you and advocate for you in court or in the emergency room. These can be very stressful or unfamiliar environments. We can also help you decide if you want to contact the police, apply for a restraining order, go for a medical exam.

Food Allergy Support Team (FAST) – Statewide:

The mission of the Food Allergy Support Team (FAST) is to build a strong, collaborative support team for parents of children who live with food allergies. FAST meets monthly for mutual support and practical advice, occasionally hosts guest speakers, advocates for children and educates the local community. For more information about meetings, please contact FAST by phone at 860-265-3122, by email admin@justbreathect.com or online at www.justbreathect.com.

Youth Service Bureaus – Statewide:

Youth Service Bureaus offer a network of resources and opportunities for children, youth and their families with the goal of helping youth to develop positively and to function as responsible members of their communities. Many Youth Service Bureaus offer programs such as parent support groups, play groups, and social skills groups. To find the Youth Service Bureau closest to you, visit the CT Youth Services Association Website: www.ctyouthservices.org/Find_A_YSB.

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DOMESTIC VIOLENCE

Susan B. Anthony Project:

179 Water St. #1, Torrington, CT 06790 ****Shelter Location Confidential****

Phone: 860-489-3798

***Emergency shelter and other support services for women and children who are victims of domestic violence and abuse. ***

Women’s Support Services, Sharon:

158 Gay Street, Sharon, CT 06069 ****Shelter Location Confidential****

Phone: 860-364-1080

Areas Served: Canaan, Cornwall, Kent, North Canaan, Salisbury and Sharon.

Domestic violence/abuse includes physical, emotional, psychological, verbal, financial and sexual abuse in the context of an intimate partner relationship. Services include: 24-hour hotline, short-term crisis counseling for adults and children, support groups for adults and children, legal/medical/social service advocacy, short-term emergency shelter, transportation, and community education and professional in-service training.

HOTLINE # (860) 364-1900 – (24 hours / 7 days)

If the person seeking service is a victim of domestic violence and they are out of the area but living in CT they can call the **CT Statewide Domestic Violence Hotline at 1-888-774-2900**. This is a 24-hour toll-free hotline. The caller will be connected to the domestic violence program in their immediate area.

* * *

EDUCATION

Ed Advance – Foothills Adult & Continuing Education Program:

355 Goshen Rd. Route 63, Litchfield, CT 06759
Phone: 860-567-0863 Fax: 860-567-3381

Classes include Citizenship Preparation, English as a Second Language, Adult Basic Education, Pre-GED, GED, High School Credit Diploma Programs, and National External Diploma Programs. Besides the Litchfield site, these programs are also offered at Region 1 (Falls Village) Housatonic Valley Regional High School; Region 7 (Winsted) Northwestern Regional High School; Region 14 (Woodbury) Middle School; Torrington High School; Vogel-Wetmore School, Center Congregational Church, Woodland Hills, FISH; Watertown High School; Torrington American Job Center; Entrepreneurial Center at NCCC; Region 15 Pomperaug High School and Terryville High School.

Alias: EDADVANCE

Hours: Morning, afternoon, and evening classes available, but vary by location

Area(s) Served: Litchfield, Plymouth, Sherman, Thomaston, Watertown, Canaan, Cornwall, Kent, North Canaan, Salisbury, Sharon, Goshen, Morris, Warren, Barkhamsted, Colebrook, New Hartford, Norfolk, Winsted, Winchester, Hartland, Bethlehem, Woodbury, Middlebury, Southbury.

Y Literacy Volunteers:

Torrington Branch

259 Prospect St. Torrington, CT 06790

Phone: 860-489-3133

Winsted Branch

480 Main St. Winsted, CT 06098

Phone: 860-379-0708

Canaan Branch

77 S. Canaan Rd. Canaan, CT 06018

Phone: 860-824-2790

Website: www.nwcty.org/literacy

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EMPLOYMENT

American Job Center:

59 Field St. Torrington, CT 06790

Phone: 860-496-3500

Website: www.ctdol.state.ct.us

American Job Center offers services to job seekers including job search, résumé writing assistance and critiquing, skills assessments, and advice on interviewing, career transition workshops, videos and information about area job fairs. Telephones, faxes and internet access for employment searches and email correspondence are also available. Services are provided at no cost to customers, regardless of employment status.

Costs: None.

Language(s) Spoken: Language assistance available for customers with limited English proficiency.

Services for the Deaf: TTY/TDD 860-859-5613

Hours: 8:00am to 4:30pm Monday-Friday Population

Served: General public.

Restrictions: None.

Referral/Drop In: No referral needed.

Can You Apply Before You Leave Prison? N/A

Accessibility: Wheelchair accessible.

Transportation Assistance Available: Yes.

**Connecticut Department of Labor –
Torrington:**

486 Winsted Rd. Torrington, CT 06790

Phone: 860-482-55815777

**Connecticut Department of Rehabilitation Services –
Torrington:**

30 Peck Road Building 1 Unit 1102, Torrington, CT 06790

Phone: 860-496-6990

Fax: 860-496-6978

Website: www.ct.gov/dors

Overview

Welcome to the Department of Rehabilitation Services (DORS). Our programs, policies and practices are designed to promote employment, independence, equal access and self-sufficiency for people with disabilities. We strive to be a resource for information and technical assistance for other stakeholders in Connecticut as well.

Statutory Responsibility

The Department of Rehabilitation Services provides a wide range of services to individuals with disabilities who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living. The primary customers of the agency are individuals with disabilities, and in our employment-based programs we also have business/employers as a dual customer.

* * *

**FAMILY SUPPORT
(INCLUDING CHILD SUPPORT-
RELATED)**

Bureau of Child Support Enforcement (BCSE):

62 Commercial Boulevard, Suite 1, Torrington, CT 06790
Phone: 860-496-6900

Works to improve families' self-sufficiency through increased financial and medical support and to establish paternity for children born out of wedlock. This program locates absent parents, establishes paternity, establishes and modifies orders of support, and collects and distributes child support payments. Child support services are available to both custodial and non-custodial parents, regardless of their income. You may apply for child support services

at the DSS office nearest you.

Requirements: When you receive child support services you have these responsibilities:

You Must:

- provide all information you can about the noncustodial parent
- if you receive state assistance, assign all of your support rights to the state for past, present or future payments; part of your support is set aside from your state assistance, so you can become financially independent provide bills for day care and/or unreimbursed medical expenses to the parent under court order to pay, You May:
- be required to testify at a court hearing for paternity and support
- be denied cash benefits, if you are applying for state assistance and you do not provide important information to help process your case
- be exempt from cooperation requirements in exceptional circumstances and situations involving domestic violence

Eligibility: Under Federal regulations, BCSE is required to provide child support services to any individual or agency upon request. To request BCSE child support services, an individual may either apply through their local child support agency or submit their request to BCSE directly.

* * *

GENERAL INFORMATION

Dial 2-1-1 (Info Line):

Website: <http://www.infoline.org/>

2-1-1 is a free community service administered by the United Way of Connecticut. By phone, you can reach a live customer service center that provides information on community resources from food to clothing & beyond. The online database includes a section listing “Community Re-Entry Services for Ex-Offenders.”

Community Solutions, Inc.

340 West Newberry Road Bloomfield CT 06002

Phone: 860-683-7100

Community Solutions Inc. (CSI) is a nonprofit organization that promotes self-reliance, responsibility and accountability for at-risk and disadvantaged youth and adults. Since 1962, CSI has delivered supervision, treatment, and comprehensive, individualized services to help clients interact more effectively in their communities and become productive citizens.

Faith Behind Bars & Beyond:

www.faithbehindbarsandbeyond.org

Faith Behind Bars and Beyond strives to answer God’s call to minister to God’s people in prison and to those affected by incarceration.

A Sacred Place Inc.:

P.O. Box 48 Niantic, CT 06357

www.asacredplace.org

Our programs, educational and spiritual support serve the incarcerated women at the York Correctional Institution (York CI) in Niantic, Connecticut. This is the only correctional institution for women in the State of Connecticut.

Family Reentry:

Main Office: 75 Washington Ave. Bridgeport, CT 06604
(203) 576-6924

***Locations also include: Norwalk, New Haven, Stamford,
Waterbury, Derby, New London and Norwich***

This innovative, research-based nonresidential model results in the successful reintegration of formerly-incarcerated persons into their families and communities. Our holistic approach engages and prepares prisoners prior to release, utilizes successful ex-offenders as leaders, role models, and mentors, builds collaborations with stakeholders, and creates positive pro-social networks in the community. The results are: productive, tax-paying citizens, stronger families and communities, increased public safety, reduced costs to taxpayers, and improved quality of life in the region and across the state.

* * *

GOVERNMENT AGENCIES

Connecticut Dept. of Corrections, Central Records:

Phone: 860-292-3486

Criminal Record Repository:

State of Connecticut, Department of Public Safety
State Police Bureau of Identification
111 County Club Road, P.O. Box 2794, Middletown CT 06457
Phone: 860-685-8480

Contact this agency to obtain a copy of your state rap sheet and learn about the process of sealing, expunging or cleaning it up. They can also tell you who can legally access your record.

Department of Motor Vehicles:

151 Torrington Rd. Torrington, CT 06098

Phone: 860-263-5700

1-800-842-8222

Connecticut state picture identification cards, driver's license, registration of vehicles and plates

* * *

HEALTH CARE/MENTAL HEALTH

*(Note: * below indicates that HIV testing is available)*

CMHA Child & Family Services:

100 Commercial Blvd, Torrington, CT 06790

Phone: 860-482-8561

Fax: 860-447-3226

Web: www.cmhacc.org

CMHA offers a continuum of services dedicated to improving the quality of life for individuals with mental illness in Connecticut. CMHA is headquartered in New Britain, with 11 locations in 3 cities throughout northwest and central Connecticut. We provide treatment for more than 6,100 children, adolescents and adults each year.

Mental Health Connecticut, Inc.:

30 Peck Rd., Torrington, Ct 06790

Phone: 860-496-7670

MHC offers a variety of programs and services to promote recovery for people with mental health conditions in our community, including residential services, supported and transitional employment, supported education, psychological rehabilitation, peer support services and case management. In addition to the statewide office in West Hartford, MHC offers programs and services in Bridgeport, Danbury, Stamford, Torrington, Waterbury and West Hartford.

McCall Center for Behavioral Health:

58 High St. Torrington, CT 06790

Phone: 860-496-2100

Provides a full range of alcohol and other drug prevention and treatment services.

Depending on the needs of the people we serve, we offer a full range of dependency and mental health treatment programs.

- Intervention programs
- Outpatient treatment; intensive, traditional and medically assisted
 - Residential care intensive & intermediate
 - Mental health outreach & treatment

Mobile Crisis Line:

249 Winsted Rd. Torrington, CT 06790

Phone: 860-482-1560

DMHAS:

249 Winsted Rd. Torrington, CT 06790

Phone: 860-496-3700

Hotline: 1-888-447-3339

WCMHN-Torrington Area-Operated Programs:

Access Center: The Access Center is an information and referral source for individuals with psychiatric and related substance issues. Access Center staff is available by telephone for support, information, referrals, and mobile outreach. The goal is to provide support and information to reduce symptomatology, and to improve quality of life. Its philosophy is to maintain the individual in the least restrictive environment. Access Center staff is also available to do intake/assessment by referral to determine service needs and treatment options for an individual.

* * *

LEGAL ASSISTANCE & LAW-RELATED

Connecticut Fair Housing Center:

221 Main Street, Hartford, CT 06106

Phone: 860-247-4400 / 866-247-4401 Fax: 860-247-4236

Website: www.ctfairhousing.org

Concentrates on changing illegal discriminatory housing practices with a particular emphasis on those illegal practices which affect low-income households. Also provides foreclosure prevention assistance for homeowners and tenants.

Connecticut Board of Pardons & Paroles:

55 West Main St. Waterbury, CT 06702

Phone: 203-805-6605

Commutation:

What is a Commutation? A Commutation is the change of your current sentence – whether incarcerated or on supervision – to a lesser term. Please note, you may not apply for a Commutation unless all judicial remedies have been exhausted (i.e., sentence modification, habeas, application for early parole or probation discharge).

Who May Apply?

If you are currently serving a sentence or are under supervision as follows: • sentence of 8 or more years—eligible after 4 years • sentence of less than 8 years—eligible after 50%

How Do I Apply?

If you or someone you know is incarcerated, applications and instructions can be obtained from the Correctional Facility where you/the individual is housed. Applications and instructions are also available on the agency’s website at www.ct.gov/bopp or by calling (203) 805-6643. The Board currently holds two (2) Commutation hearings per year.

Housing Court:

50 Field St. Torrington, CT 06790

Phone: 860-626-2100

The court in which to file a formal complaint regarding your landlord. If you have been served with a “notice to quit,” this is the court that handles all evictions.

CT Legal Right Project:

822 Main St. Torrington, CT 06790

Phone: 860-496-9018

Website: www.clrp.org

Connecticut Legal Rights Project, Inc., (CLRP) is a statewide non-profit agency which provides legal services to low income individuals with mental health conditions, who reside in hospitals or the community, on matters related to their treatment, recovery, and civil rights. CLRP represents clients in accordance with their expressed preferences in administrative, judicial, and legislative venues to enforce their legal rights and assure that personal choices are respected and individual self-determination is protected. CLRP develops and supports initiatives to promote full community integration which maximizes opportunities for independence and self-sufficiency.

Due to a lack of available resources and staff, CLRP attorneys and paralegals will only offer representation in cases that have substantial legal merit, and cannot accept every case

Statewide Legal Services:

Phone: 1-800-453-3320

May offer legal consultation and/or referral for representation in civil legal matters including eviction/foreclosure issues.

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SUBSTANCE ABUSE & BEHAVIORAL HEALTH

BASIC NEEDS FOR THOSE IN

RECOVERY

Department of Mental Health & Addiction Services (DMHAS):

Opioid treatment and services – 800-563-4086

Connecticut residents may call 800-563-4086, 24 hours a day, to connect with a walk-in assessment center in their local area. People may call for themselves or on behalf of a loved one.

* * *

TAX PREPARATION

IRS (Internal Revenue Services):

14 Cottage Pl. Waterbury, CT 06702

Phone: 203-596-4727

Hours: Monday-Friday - 8:30am-4:30pm

Federal tax preparation for free for individuals who earn less than \$40,000 (income guidelines subject to change), obtain copies of previous tax returns and transcripts, tax law assistance.

***Does not prepare state returns on-site.**

N.O.W. – VITA (Volunteer Income Tax Assistance):

138 Migeon Ave. Torrington, CT 06790

Phone:860-482-9749 Ext.202

The VITA Program offers free tax help for low- to moderate-income (generally, \$54,000 and below) people who cannot prepare their own tax returns. Certified volunteers sponsored by various organizations receive training to help prepare basic tax returns in communities across the country. VITA sites are generally located at community and neighborhood centers, libraries, schools, shopping malls, and other convenient locations. Most locations also offer free electronic filing.

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Youth Services

Torrington Area Youth Services Bureau:

8 Church St. Torrington CT 06790

Phone: 860-496-0356

CHH Center for Youth and Families:

50 Litchfield St. Torrington CT 06790

Phone: 860-489-3391

Services are available at the Charlotte Hungerford Hospital's Center for Youth and Families during the following times:

- Mondays and Wednesdays: 8:30 a.m. to 9:00 p.m.

- Tuesdays and Thursdays: 8:30 a.m. to 8:00 p.m.
- Fridays: 8:30 a.m. to 5:00 p.m.

The Center for Youth and Families is a Child Advocacy Center and professional mental health service that assists children, adolescents and their families with emotional, behavioral, developmental, and family difficulties.

The Center's approach is wide-ranging, beginning with a thorough and sensitive evaluation of the "whole" child in the context of the family, school and the community. To further this understanding, the Center staff work closely with schools, guidance counselors, local area pediatricians and others community providers.

Resource List

- 1) Sober/Safe House: Call 211

Substance Abuse Treatment/Resources:

1. Young Adult Detox: 860-357-4279
2. CHH DDIOP: 860-496-6350 / 860-496-6357
3. First Step Recovery: 203-416-1915
4. DMHAS: 800-658-4472
5. MADD: 203-764-2566
6. Recovery Coach Training (80 hrs.): 800-573-6929
7. Methadone Treatment: 203-755-8874
8. Detox Bristol Hospital: 860-585-3000
9. Canaan Mountainside: 860-824-1397
10. Quit Smoking: 877-779-5925
11. Medical Marijuana: 860-713-6066
12. ALNON: 860-489-2211/888-825-2666
13. AME ZION AA/NA: 860-489-3287
14. Key Recovery: 860-618-5858
15. McCall Foundation: 860-496-2107/2103
16. Opiates Withdrawal: 860-496-6381
17. First Step (Recovery Network): 203-416-1915
18. Glenn Ryan McCall (Sr. Veteran Services): 860-485-8605
19. MCCA – Sub Tx counseling/Therapy: 203-729-4515

Mental Health Treatment / Resources:

1. Tolvo (Mind & Body Wellness): 860-296-2336
2. DMHAS: 800-658-4472
3. Wellness Group for Mothers: 860-496-6363
4. Greenwood Counseling/Therapy: 860-567-4437
5. Community Wellness Center: 860-489-0931
6. Mobile Crisis: 860-482-1560 / 860-496-6705
7. HELP, Inc.: 860-482-7242 / 203-756-8984
8. Bipolar Support: 860-567-8928
9. Prime Time House: 860-758-4475 / 860-782-1957
10. Counseling/Therapist Holly Varanelli: 860-237-5884
11. Bereavement: 860-489-2211
12. All about you home care: 866-229-2427
13. Allume Home Care: 860-417-6881

Employment:

1. Alternative Employment: 860-489-1463

Medical / Healthcare:

1. Sports Medicine Orthopedics: 860-364-4532
2. Community Wellness Center: 860-489-0931
3. CHH: 860-496-6666
4. CHH Medical Walk-In: 860-489-8444
5. CHH Medical Interpreter: 860-496-6513
6. Eyewear – Dr. Blondin: 860-489-2781
7. Breast Cancer Support: 860-496-6396
8. Doyle Medical Supply: 860-489-4415
9. Quest Diagnostic: 860-960-0392

Training / Education:

1. GED – Fish Shelter / Torrington HS: 800-301-4781
2. Ticket to work (SSI): 866-968-7842
3. Department of Labor: 203-596-4140
4. SNAP Training: 860-738-6419
5. Driving School: 860-482-9833 / 860-489-0502
6. Clinical Pastoral Training: 860-714-4183
7. Certificate of Employability: 860-721-2100
8. Torrington School: 860-489-2570
9. Student Loan Payoff/forgiveness: 800-433-3243
10. Career Center – Goodwill: 860-482-0435

Housing / Basic Needs:

1. Free Cell Phone: 800-723-3546 / 800-378-1684
2. Assurance (Free Cell Phone): 888-898-4888
3. Salvation Army (Basic Needs): 860-482-3568
4. Care for Kids: 888-214-5437
5. Shelter Plus Care (Rental Assistance): 860-496-3700
x3814
6. Once Upon a Child – Path (homeless Housing): 203-
695-8293
7. YMCA: 860-489-3133
8. Grace Place (Single Parent clothes, furniture, baby
stuff): 860-618-0010
9. Family Stride: 860-482-3236

Transportation:

1. AAA/DMV: 860-236-3261 / 203-721-8284
2. TRED for Rides: 860-482-1852
3. Dial a Ride: 860-489-2535/866-906-7433
4. Veyo: 855-478-7350

Pet Services:

1. Pet Sterilization Program: 860-713-2507

CT State Dept. / Services:

1. DCF Central Office: 860-550-6300
2. SSI/SSDI: 203-574-6971 x441 or x435
3. Dept. of Social Services: 860-482-5061

Additional Resources:

1. The Gathering Place: 860-618-2455
2. Federal Bonding Program: 860-263-6735
3. Easter Seals: 860-270-0600
4. Parole Services: 860-346-7833
5. Probation Services: 860-626-2150
6. Jail Diversion Program: 860-626-2160
7. Family Court: 860-626-2180
8. Litchfield Judicial District Court (Clerk): 860-626-2100
9. Nutmeg Conservatory for Arts: 860-482-4413
10. New Opportunities: 860-482-9749
11. Transit Bus: 860-489-2535
12. Substance Abuse Treatment Project: 800-563-4086
13. LGTBTQ Support: 860-232-0050
14. WIC Program: 860-489-1138
15. Joseph House Community Service: 860-605-6649
16. Shelter Plus Care: 203-448-3224
17. CT Bureau of Rehab. Services: 860-294-0013
18. DMV - (2210 Thomaston Ave, Waterbury, CT)
19. Child First Program: 860-496-0867
20. Torrington City Hall: 860-489-2236 / 860-482-2241
21. Torrington Chamber of Commerce: 860-482-6586
22. Greater Waterbury Interfaith Ministries: 203-757-7734

LET'S WORK TOGETHER

We believe the community needs all its members, and that all its members can make positive contributions to the community.

Securing full-time, long-term employment and housing are the positive first steps! We need YOU!

Supportive community members and business owners to join us in our mission! We can break down barriers and open doors together!

Your actions may be life changing!

I look forward to working with you!

START HERE:

Learn More and Let's Work Together!