NAVIGATING REETRY DURING COVID-19

How has life changed due to COVID-19?

- Many businesses are now **virtual**, meaning that employees work on their computers from home rather than go into the office.
- You will be expected to wear a **face covering (mask)** and maintain social distancing of at least six feet apart in public. Face masks not only protect you, but the people around you.

Where can I go to get a COVID-19 test once I am home?

Testing is available in many locations across our state.

- You can contact your local primary care provider.
- Call 2-1-1: https://uwc.211ct.org/covid19resources/
- CT Testing Locator

How do I find a job in the midst of COVID-19?

Ready yourself for the employment process. Ask yourself questions such as: Do I have the proper forms of identification? Do I have a telephone number and email address where a potential employer can contact me? Where can I go to get job readiness training or obtain a credential or certificate in my area?

Use resources and seek help. You can register at <u>CT Hires</u> to connect to job postings online and look for job postings on websites like Indeed.com, CareerBuilder, and Glassdoor. You can also go to your local Goodwill Career Center or reentry service provider for further assistance! For computer access, some local libraries are open with limited capacity and hours.

How do I find housing in the midst of COVID-19?

Develop a housing plan. Ask yourself questions such as: where can I go that will be supportive to my reentry process? Can I stay with family and friends? Before you leave prison, reconnect with family and friends to begin to rebuild relationships.

If you are homeless or don't have a place to go, you can call 2-1-1 in order to get into their shelter system. You will not be able to just walk into a shelter and many have reduced their capacity due to COVID-19. If you are currently incarcerated and will be homeless upon release, please contact the Reentry Counselor at your facility and they will determine if you are eligible for the DOC Reentry Housing Assistance Program.

Other Resources

Contact 2-1-1 to connect with resources in your community or visit www.21lct.org. Many community providers are offering their services virtually and/or have limited capacity to adhere to the CDC guidelines.



